

ROLAND-STORY NORSEMEN MORNING BULLETIN

Monday September 26, 2020 #25 “A”

This Week’s Menu

Monday Breakfast: Ham Breakfast Bar, Graham Crackers, Apple/Banana/Orange, Milk

Monday Lunch: Hot Ham & Cheese Sandwich, Peaches, Country Trio Veggies, Milk

Tuesday Breakfast: Mini Cinnamon Rolls, Apple/Banana/Orange, Milk

Tuesday Lunch: Beef Tacos, Green Beans, Apple Slices, Milk

Wednesday Breakfast: Breakfast Pizza, Apple/Banana/Orange, Milk

Wednesday Lunch: Chicken Alfredo, Bowtie Pasta, Breadstick, Broccoli, Pears, Milk

Thursday Breakfast: Sausage Pancake Stick, Apple/Banana/Orange, Milk

Thursday Lunch: Cheeseburger, Baked Beans, Watermelon, Milk

Friday Breakfast: Cold Cereal, Graham Crackers, Apple/Banana/Orange, Milk

Friday Lunch: Corn Dog, Green Beans, Pineapple Chunks, Milk

FROM THE OFFICE

Picture Day Schedule Tuesday October 6th

8:30-9 Freshman will be called down by class

9:20-9:50 Sophomores will be called down by class

10:00-10:40 Juniors will be called down by class

Remote Learners should come during their class time. Pictures are taken in the auditorium with plenty of space to social distance.

HOMECOMING WEEK 2020

Seminar Door Decorating Contest! Decorating can take place Wednesday (9/23)- Monday (9/28). Judging will take place Tuesday morning, with prizes for 1st, 2nd and 3rd place Seminars!

Monday (9/28): CLASS COLOR DAY!

- Show your class pride by dressing in your class color for the PEP assembly! Seniors- black, Juniors- white, Sophomores – gray, Freshman – red, HS Staff- blue! (No face or body paint allowed.)

- **During Seminar:** Pep Rally with King/Queen Announcement!
*Only current RSHS students may attend, wear your masks! (Seating will be with grade levels.). *Students may also opt to go to the IMC during the pep rally.*

Tuesday (9/29): TYE DYE DAY!!

(Picture day rescheduled to Oct. 6 th)

Wednesday (9/30): TWIN DAY! BOYS HUSH DAY

- Powder Puff Game at 2:15 PM *Only current RSHS students and senior parents may attend. Senior parents will sit on visitor's side bleachers.

Thursday (10/1): DECADE DAY!

- Tailgate Lunch!

Friday (10/2): NORSEMEN SPIRIT DAY!

- Parade at 2:45 PM.
- HS students dismissed at 2:30 PM to attend the parade!

[Homecoming Week Agenda](#)

Nurse Updates

During this time we are taking extra safety measures to keep our students, families and staff safe. Due to this we ask that if your child has two or more low risk symptoms or one high symptom they stay home for 10 days. If you would like to have your child evaluated by their health care provider during that time please communicate with the school the outcome of the evaluation by your child's doctor and we will work together to determine the date your child can safely return to school. Thank you for cooperation during this time.

[Evaluating Sick Students and Staff](#)

From the Counselor's Office:

[COUNSELOR'S FOLDER](#)

DMACC -Ames Hunziker and COVID Policy:

[Click here to view](#)

Opportunity

*Federal program options (NCCC & FEMA) have job training and educational funding opportunities. Click on this link for more information.

Scholarship

[Masonic Scholarship by Grand Lodge of Iowa, A.F. & A.M.](#)- \$2,000 due 2/1

[MCEC Technical Scholarship by Grand Lodge of Iowa, A.F. & A.M.](#)- \$varies due 3/1 graduating Iowa high school senior who plan to enroll in a mechanical or trade course of study at an accredited Iowa Community College

[Special Education Teacher Scholarship of Iowa by ClaimAid](#)- \$2,000 due 1/15 graduating senior going to college studying Special Education

ATHLETIC ACTIVITIES FOR THE WEEK

Monday 9/28

JV/Varsity Cross Country Invitational @ Hickory Grove Park 4:30pm
Varsity Volleyball Tournament @ Roland Story High School 4:30pm
JV Football Game @ Garner-Hayfield Ventura High School 6:00pm

Tuesday 9/29

JV2 Volleyball Match @ Saydel High School 5:00pm
JV Volleyball Match @ Saydel High School 6:00pm

Thursday 10/1

JV/Varsity Cross Country Meet @ Perry Community Schools 5:00pm

Friday 10/2

9th Grade Football Game vs Hampton-Dumont-CAL @ Roland Story High School 4:45pm
Varsity Football Game vs Hampton-Dumont-CAL @ Roland Story High School 7:30pm

Saturday 10/3

JV2 Tournament @ Nevada High School 8:30am

Dates to Remember

10/6- Picture Day