

# ROLAND-STORY NORSEMEN MORNING BULLETIN

**Monday October 5, 2020 #30 "F"**

## **This Week's Menu**

**Monday Breakfast:** Ham Breakfast Bar, Graham Crackers, Apple/Banana/Orange, Milk

**Monday Lunch:** Cheese Pizza, Romaine Salad, Pears, Milk

**Tuesday Breakfast:** Mini Cinnamon Rolls, Apple/Banana/Orange, Milk

**Tuesday Lunch:** Walking Tacos, Corn, Applesauce, Milk

**Wednesday Breakfast:** Breakfast Pizza, Apple/Banana/Orange, Milk

**Wednesday Lunch:** Orange Chicken, Fried Rice, Eggroll, Mixed Fruit, Milk

**Thursday Breakfast:** Sausage Pancake Stick, Apple/Banana/Orange, Milk

**Thursday Lunch:** Ham & Cheese Sub, Baby Carrots, Pineapple, Milk

**Friday Breakfast:** Cereal, Muffin, Apple/Banana/Orange, Milk

**Friday Lunch:** Hot Dogs, Fries, Peaches, Milk

## **FROM THE OFFICE**

### **Picture Day Schedule Tuesday October 6th**

8:30-9 Freshman will be called down by class

9:20-9:50 Sophomores will be called down by class

10:00-10:40 Juniors will be called down by class

**Remote Learners Picture Update:** You can come in between 7:30-8:30am to get your picture taken. Please check in the office and head to the auditorium.

Any student quarantined during this time will get their picture taken during retake day. The date will be announced later so please read the announcements.

### **Nurse Updates**

During this time we are taking extra safety measures to keep our students, families and staff safe. Due to this we ask that if your child has two or more low risk symptoms or one high symptom they stay home for 10 days. If you would like to have your child evaluated by their health care provider during that time please communicate with the school the outcome of the evaluation by your child's doctor and we will work

together to determine the date your child can safely return to school. Thank you for cooperation during this time.

**[Evaluating Sick Students and Staff](#)**

**From the Counselor's Office:**

**COUNSELOR'S FOLDER**

**Scholarship**

[Find all of our scholarship here](#)

[Coca-Cola Scholars Program](#)- \$20,000 due 10/31

[Catherine McAuley Scholarship Program for Mount Mercy University](#)- \$full tuition due 6/30 for Iowa senior whose family income is \$50,000 or less annually

**ATHLETIC ACTIVITIES FOR THE WEEK**

**Monday 10/5**

JV Football Game vs Hampton-Dumont-CAL @ Roland Story High School 6:00pm

**Tuesday 10/6**

JV/JV2 Volleyball Match @ South Hamilton High School 5:00pm

Varsity Volleyball Match @ South Hamilton High School 6:30pm

**Thursday 10/8**

JV/Varsity Cross Country Invitation @ Jewell Golf and Country Club 4:15pm

Varsity Volleyball Invitational @ Perry Community School 4:30pm

9th Grade Volleyball Quadrangular @ Kuemper Catholic High School 5:00pm

**Friday 10/9**

9th Grade Football Game @ Clear Lake-Lions Field 4:45pm

Varsity Football Game @ Clear Lake- Lions Field 7:30pm

**Saturday 10/3**

Varsity Volleyball Quadrangular @ Roland Story High School 10:00am

**Dates to Remember**

10/6- Picture Day

10/26- Inservice No School

11/2 & 11/5- Parent Teacher Conferences