

ROLAND-STORY NORSEMEN MORNING BULLETIN

Monday, October 19, 2020 #40 "D"

This Week's Menu

Monday Breakfast: Ham Breakfast Bar, Graham Cracker Pack, Apple/Banana/Orange, Milk

Monday Lunch: Chicken Strips, Broccoli Normandy, Peaches, Milk

Tuesday Breakfast: Turkey, Bacon, Egg and Cheese Biscuit, Apple/Banana/Orange, Milk

Tuesday Lunch: Chicken Tacos, Corn, Diced Mangos, Milk

Wednesday Breakfast: Breakfast Pizza, Apple/Banana/Orange, Milk

Wednesday Lunch: Meatball Sub, Peas, Mixed Fruit, Milk

Thursday Breakfast: Sausage Pancake Stick, Apple/Banana/Orange, Milk

Thursday Lunch: Teriyaki Chicken, Rice, Eggroll, Pacific Blend Veggies, Mandarin Oranges,
Milk

Friday Breakfast: Cereal, Graham Crackers, Apple/Banana/Orange, Milk

Friday Lunch: Sloppy Joe Sandwich, Fries, Peaches, Milk

FROM THE OFFICE

Picture Retake Day- Thursday October 29th. We anticipate them being here round 10:30am after they have finished at the middle school and elementary school.

The Elementary Book Fair is happening online and in-person from Oct.30 through Nov. 5th. If you are interested in working a shift for service hours, please sign up on the PTO website. We will have safety rules in place, including wearing masks!

9-12 Baseball Players: There will be a mandatory meeting on Tuesday, 10/20 at 7:45am in Coach Hill's room. This meeting will be the 2021 signup meeting, if you intend to play baseball in 2021 you need to attend the meeting. At this meeting you will sign up for jersey numbers, receive information on uniform orders, and offseason info. You will also receive info on our annual Fan Cloth apparel fundraiser. If unable to attend you will need to meet with Coach Hill prior to the 10/20 meeting.

¡Club de Español! - Spanish Club is selling t-shirts! T-shirts will be \$14 with checks made out to Roland Story Schools. See Mrs. Paulson or Mrs. Lettow for an order form, or to check out the design! **Order forms are due by Thursday, Oct. 22nd!**

Nurse Updates

During this time we are taking extra safety measures to keep our students, families and staff safe. Due to this we ask that if your child has two or more low risk symptoms or one high symptom they stay home for 10 days. If you would like to have your child evaluated by their health care provider during that time please communicate with the school the outcome of the evaluation by your child's doctor and we will work together to determine the date your child can safely return to school. Thank you for cooperation during this time.

Evaluating Sick Students and Staff

From the Counselor's Office:

COUNSELOR'S FOLDER

Virtual College Visit- During Seminar in ICN Room

DMACC (Des Moines Community College)-Tuesday, 10/20

ATHLETIC ACTIVITIES FOR THE WEEK

Monday 10/19

Varsity Volleyball Regionals vs Saydel @ Roland Story High School 7:00pm

Wednesday 10/21

Varsity Volleyball Regionals vs TBD @ Roland Story High School 7:00pm

Thursday 10/22

JV/Varsity Cross Country State Qualifier Meet @ Panorama High School

Dates to Remember

10/26- Inservice No School

10/29- Picture Retake Day

11/2 & 11/5- Parent Teacher Conferences

11/6- No School

11/10- High School Clean Up Day