

ROLAND-STORY NORSEMEN MORNING BULLETIN

Wednesday, November 18, 2020 #60 “F”

This Week’s Menu

Wednesday Breakfast: Breakfast Pizza, Apple/Banana/Orange, Milk

Wednesday Lunch: Hot Dog, Peas, Pears, Sun Chips, Milk

Thursday Breakfast: Sausage Pancake Stick, Apple/Banana/Orange, Milk

Thursday Lunch: **Friendsgiving 2020** Turkey, Mashed Potatoes w. Gravy, Green Bean Casserole, Applesauce & Roll

Friday Breakfast: Cereal, Pop Tart, Apple/Banana/Orange, Milk

Friday Lunch: Meatball Sub, Fries, Applesauce, Milk

FROM THE OFFICE

J-TERM REMINDERS: Online submissions are to be completed by EVERY student. These need to be completed by Monday, Nov. 23. We want lots of details in the sections of the daily plans.

Our PE Department has two web stores open. One is for PE Apparel and the other is our RS Mask Logo. Check them out! These will be delivered before Christmas.

<https://rspe202.itemorder.com/sale>

<https://rsmask20.itemorder.com/sale>

Food Drive!

We can make a difference! Starting on Monday, Nov. 16th and going through Monday, Nov. 23rd, student council members will be collecting items for Loaves and Fishes. Boxes will be left in Seminar rooms for donations and the top 3 Seminars with the most items donated by Monday, Nov. 23rd will have a small prize, with the top Seminar winning a pizza party!

Items that are often requested are: High protein items (peanut butter, canned meats or fish), canned fruits, canned vegetables, canned soup, pasta sauce, breakfast items, 100% juice, and personal care items (soap, deodorant, toothpaste, toilet paper, etc.).

Immanuel Lutheran Church in Story City is offering the possibility of financial assistance to students whose J-Term project is service-focused in our community. They are especially interested in supporting projects that contribute to the "RS CityServe" program, a mission-driven outreach effort that they have led and supported strongly in the past year.

You don't need to be a member of Immanuel to receive this grant.

If your J-term project is mission/service focused, and is in need of some financial support, see Mrs. Heubner for an application form.

Beginning Friday November 13, 2020 the Kitchen will be **CLOSED between Breakfast and Lunch** until further notice. Please remember to have your mask over your nose before entering the Kitchen.

-Thank you from the Nutrition Staff

Nurse Updates

During this time we are taking extra safety measures to keep our students, families and staff safe. Due to this we ask that if your child has two or more low risk symptoms or one high symptom they stay home for 10 days. If you would like to have your child evaluated by their health care provider during that time please communicate with the school the outcome of the evaluation by your child's doctor and we will work together to determine the date your child can safely return to school. Thank you for cooperation during this time.

[Evaluating Sick Students and Staff](#)

From the Counselor's Office:

[COUNSELOR'S FOLDER](#)

*The Children and Families of Iowa Connect 2 Careers program is excited to share information about our upcoming workshop called **Selling Your You**. Please see the attached [brochure](#).*

Contact Mrs. Heisterkamp if you have any questions.

"COVID Recovery Iowa offers FREE mental health services for ALL Iowans. Check them out on Facebook or at www.covidrecoveryiowa.org."

-Vivo en Iowa. Resources and support for Spanish speakers. On [Facebook](#).

Scholarship

[Pearl Hull Falk Scholarship for University of Iowa](#)- \$5,000 due 5/3

[Student Scholarships.org](http://StudentScholarships.org)

- 1) Points Scholarship- \$10,000 due 11/30
- 2) Dell Scholars Program- \$20,000 due 12/1
- 3) Stephen J. Brady Stop Hunger Scholarships- \$5,000 due 12/5
- 4) Hispanic Heritage Youth Awards- \$3,500 due 12/6
- 5) Science Ambassador Scholarships- \$40,000 due 12/14
- 6) North American Van Lines Logistics Scholarship- \$1,000 due 12/15
- 7) Edison Scholars Program- \$40,000 due 12/14
- 8) Equitable Excellence Scholarship- \$25,000 due 12/15
- 9) You Deserve It Scholarship- \$1,000 due 12/29
- 10) Design Thinking Scholarship- \$1,000 due 12/31
- 11) CC Bank's Young Scholars Scholarship- \$2,000 due 12/31
- 12) Ron Brown Scholarships Program- \$40,000 due 1/9
- 13) Automotive Women's Association Scholarships- \$2,500 due 1/9
- 14) Washington Crossing Foundation Scholarship- \$5,000 due 1/15
- 15) Vegetarian Resource Group Scholarships- \$10,000 due 2/20

Virtual College Visit- Seminar

Iowa State University- Thursday, 11/19- ICN Conference Room

Dates to Remember

11/26-11/27- No School Thanksgiving Break