

ROLAND-STORY NORSEMEN MORNING BULLETIN

Monday, October 4, 2021 #30 “F”

This Week’s Menu

Monday Breakfast: Mini Cinnamon Rolls, Apple/Banana/Orange, Milk

Monday Lunch: Pork Rib on a Bun, Peas, Mixed Fruit, Milk

Tuesday Breakfast: Ham Breakfast Bar, Nutri Grain Bar, Apple/Banana/Orange, Milk

Tuesday Lunch: Chicken Fajitas, Corn, Pears, Milk

Wednesday Breakfast: Breakfast Pizza, Apple/Banana/Orange, Milk

Wednesday Lunch: Pepperoni Pizza, Romaine Salad, Applesauce, Milk

Thursday Breakfast: Sausage Pancake Stick, Apple/Banana/Orange, Milk

Thursday Lunch: Turkey & Bacon Pitz, Goldfish Crackers, Baby Carrots, Orange Slices, Milk

Friday Breakfast: Cereal, Graham Crackers, Apple/Banana/Orange, Milk

Friday Lunch: Hot Ham & Cheese Sandwich, Green Beans, Peaches, Milk

FROM THE OFFICE

ESPORTS - Roland-Story's varsity and JV teams are halfway through the fall esports season competing in Rainbow Six Siege. Preparations are underway for winter and spring seasons, featuring Overwatch, Rocket League, and Smite. If you're interested, please complete a short survey. Visit bit.ly/RSesports21-22

RS Athletic Booster Club - Join Today!

The Roland-Story Athletic Booster Club provides support for RS athletic programs and helps provide resources (such as uniforms, strength coaches, equipment, and facilities upgrades) for student-athletes to meet their full potential on and off the playing field.

Membership is made up of businesses, parents, grandparents, friends and other supporters of Roland-Story athletics and our student-athletes.

Becoming a member is easy! You can register and pay by card using RevTrack (the system used by the school to pay for registration). Go to:

<https://rolandstory.revtrak.net/Roland-Story-Athletic-Booster-Club/>

You can also fill out a membership card at this week's home varsity football game and next week's home volleyball games (a membership table will be set up by the concession stand each night) or email us at rolandstoryboosters@gmail.com for more information.

Now through October 5th, each new membership will be entered into a drawing for a Friday Family Fun Pack (including free admission and concession vouchers for the night of your choice).

Join today to help elevate our RS athletic programs to the next level!



[COUNSELOR FOLDER \(9-12\)-Click here](#)

[SEMESTER 2-Schedule Changes](#)

Students, look at your S2 schedules and make sure they are accurate. If not, come to the counselor's office during your study hall time to make schedule changes. Do not leave a class to do this.

1. Students must have 5 Full-credit classes, plus PE
2. Senior Option must be 1st or 8th
3. Independent classes require the teacher's signature.
4. Early Bird requires a teacher signature as the numbers are high.

[Junior and Senior Parents>Financial Aid Presentation](#)

[Click here to join a zoom session on "Paying for College."](#)

Local Scholarship

[LWV-ASC 2022 Scholarship](#)- \$500 due 3/15/22 for resident of Story County

Scholarship(s)

*[ISU: College of Engineering Scholarships](#)- \$2,600/yr due 1/10/22

ATHLETIC ACTIVITIES FOR THE WEEK

Monday 10/4

JV Football vs IAF @ Roland Story High School 6:00pm

Tuesday 10/5

JV/JV2 Volleyball vs. South Hamilton @ Roland Story High School 5:00pm

Varsity Volleyball vs South Hamilton @ Roland Story High School 6:30pm

Thursday 10/7

JV/Varsity Cross Country @ South Hamilton 4:30pm

Friday 10/8

JV2 Football @ West Marshall 4:45pm

Varsity Football @ West Marshall 7:30pm

Saturday 10/9

Varsity Volleyball Tournament @ Hampton-Dumont 9:00am

Dates to Remember

10/12- Key Club Meeting

10/13- 1:15 Dismissal

10/14- NHS Meeting

10/30- Haunted High School