

ROLAND-STORY NORSEMEN MORNING BULLETIN

Monday, February 8, 2021 #104 “F”

This Week’s Menu

Monday Breakfast: Ham Breakfast Bar, Graham Crackers, Apple/Banana/Orange, Milk

Monday Lunch: Corn Dog, Carrot Slices, Mandarin Oranges, Milk

Tuesday Breakfast: Breakfast Boat, Apple/Banana/Orange, Milk

Tuesday Lunch: Turkey & Bacon Pita, Baby Carrots, Pears, Milk

Wednesday Breakfast: Breakfast Pizza, Apple/Banana/Orange, Milk

Wednesday Lunch: Spaghetti w. Meat Sauce, Breadstick, Green Beans, Applesauce, Milk

Thursday Breakfast: Sausage Pancake Stick, Apple/Banana/Orange, Milk

Thursday Lunch: Ham & Cheese Sub, Baby Carrots, Apple Slices, Milk

Friday Breakfast: Cereal, Poptart, Apple/Banana/Orange, Milk

Friday Lunch: Chili Cheese Dogs, Mixed Vegetables, Peaches, Milk

FROM THE OFFICE

SWEET WEEK~ FEB. 8th-12th!

February 8th - 12th is Roland-Story’s SWEET WEEK! Order a **CRUSH** for someone who is “Crushin’ it” or for your crush during lunches Mon.- Wed. to be delivered to 1st hour classes on Thursday! Senior boys (Senior girls coaching) sign up in Mr. Bowman’s room for the Powder-Tuff volleyball competition on Friday! Coronation of our Sweetheart King and Queen will take place prior to the Powder-Tuff volleyball competition on Friday!

DRESS UP DAYS:

Monday - PJ Day!

Tuesday – Monochrome Day!

Wednesday – Why is this in my closet? Day!

Thursday – Celebrity Day!

Friday – Hat Day!

Putting the SWEET into SWEET WEEK! Stop by the office to pick up a SWEET WEEK matching game slip! (Gift cards from Dairy Queen, Kaffe Geita, McDonald’s, and other prizes!) Note: Entries due to the office by Thursday, 2:35 PM. 1 entry per student, 1 prize per entry, and prizes will be delivered to lunches on Friday!

If you plan on being out for boys track this year please sign up at this link <https://forms.gle/LUB7tZXpGCcAuary7>. The first day will be Monday, March 1st.

Roland-Story Track Online Apparel Store is also open at this link - https://rstrack21.itemorder.com/sale?read_message=true

Attention Girls Track: If you plan on participating in track this year, please sign up with this [link](#). Our official start date will be March 1st. Basketball athletes will be asked to take one week break before beginning track practice. Further questions can be sent to Coach Herrick.

Students interested in applying for the World Food Prize Iowa Youth Institute, should visit with Mr Taylor about how to register. You will be eligible for scholarship money by participating in this activity.

¡Club de Español! Join us on Thursday, Feb. 11th, at 4 PM for Valentine's Day cookie decorating! Cookies provided~ Sign up in Mrs. Paulson's room by Wed., Feb. 10th.

Tickets for home games/matches - Tickets can be purchased online prior to the event at <https://events.ticketspicket.com/home>

Walk-up tickets can be purchased IF the capacity for the event has not been met.

Nurse Updates

During this time we are taking extra safety measures to keep our students, families and staff safe. Due to this we ask that if your child has two or more low risk symptoms or one high symptom they stay home for 10 days. If you would like to have your child evaluated by their health care provider during that time please communicate with the school the outcome of the evaluation by your child's doctor and we will work together to determine the date your child can safely return to school. Thank you for cooperation during this time.

[Evaluating Sick Students and Staff](#)

From the Counselor's Office:

[COUNSELOR'S FOLDER](#)



2021-2022 Course Registration timeline: [CLICK HERE](#)

REGISTRATION 21-22

Remote Learners/Homeschool students: Please contact the Counselor's office for registration materials. Materials will be available at the same time as the FT RSHS students.

The dates are as follow:

Feb. 8-Current 9th graders

Feb.9 and 10th-Current 10th graders

Feb.11-Current 11th graders

Please email jcory@roland-story.k12.ia.us for materials.

Subject line: REGISTRATION 2021-2022

Please request a "[google meet](#)" if you would like a 1-1 session w/Mrs. Heisterkamp

ATHLETIC ACTIVITIES FOR THE WEEK

Tuesday 2/9

JV Boys Basketball vs West Marshall @ Roland Story High School North Gym 4:30pm

JV Girls Basketball vs West Marshall @ Roland Story High School South Gym 4:30pm

JV2 Boys Basketball vs West Marshall @ Roland Story High School South Gym 5:45pm

JV2 Girls Basketball vs West Marshall @ Roland Story High School South Gym 7:00pm

Varsity Girls Basketball vs West Marshall @ Roland Story High School North Gym 6:00pm

Varsity Boys Basketball vs West Marshall @ Roland Story High School North Gym 7:30pm

Friday 2/12

JV Boys Basketball vs Van Meter @ Roland Story High School 6:00pm

Varsity Boys Basketball vs Van Meter @ Roland Story High School 7:30pm

Saturday 2/13

Varsity Girls Basketball Regional vs Saydel @ Roland Story High School 6:00pm

Varsity Wrestling District Meet @ New Hampton High School 12:00pm

Dates to Remember

2/9 & 2/11- 2:30 Early Dismissal

2/19- No School Teacher Inservice