

ROLAND-STORY NORSEMEN MORNING BULLETIN

Monday, November 22, 2021 #63 “C”

This Week’s Menu

Monday Breakfast: Ham Breakfast bar, Pop Tart, Apple/Banana/Orange, Milk

Monday Lunch: Chicken Strips, Peas, Peaches, Milk

Tuesday Breakfast: Mini Cinnis, Apple/Banana/Orange, Milk

Tuesday Lunch: Cheesy Chicken Burrito, Green Beans, Apple Slices, Milk

Wednesday Breakfast: Breakfast Pizza, Apple/Banana/Orange, Milk

Wednesday Lunch: Beef Stew, Dinner Roll, Romaine Salad, Mixed Fruit, Milk

Thursday: No School

Friday: No School

FROM THE OFFICE

Birthdays this Week 🎉

Wednesday 11/24- Hesston Johnson

Saturday 11/27- Rhianna Koppes

Sunday 11/28- Kenzie Fick

JTerm Scholarship Opportunities

[H.A.R.T. Harvesting for the Arts](#)

[ILC Grant Program](#) Sponsored by Immanuel Evangelical Church

Holiday Food Drive Competition! Starting this week and going through Nov. 23rd, bring non-perishable food items or toiletries to your Seminar for our annual food drive! Prizes will be awarded to the top 3 Seminars that donate the most non-perishable food items and/or toiletries.

Items will be donated to the local food bank and some of the toiletries will also go to the IA Student Council state project, which will also stay in the county. (11/23)

Advocate, Seek Help, Speak Up!

*Be Kind to each other-Do not use social media to tear someone down!

*See or hear something? Say Something to an adult.

*Advocate for yourself if you need help; Seek a trusted adult.

*Parents, keep the communication going between you and your son/daughter.

*Know crisis information. Some ideas are to Call 911; Utilize the P3 app; Call the Crisis line 1-855-581-8111. Maybe put that number in your contacts. The service is available to all ages.

(Anyone experiencing a crisis can access the crisis line.)

Hey Norse Nation! Key Club is hosting a **PINK OUT** during the home basketball game against South Hamilton on Friday, December 17th. In anticipation, there will be shirts sold on-line for both communities. Here is the link that closes November 24th: [Basketball Pink Out Shirts](#)
All proceeds will be donated to the Bliss Cancer Center in Ames. Thanks for supporting cancer research and treatment! (11/23)

J-term: Students should be working on their rough draft of their project and talking to your Seminar teacher for help or guidance to have a quality project. Refer to the yellow document for answers to basic questions. If you are planning an off-site project, you will have to get that cleared by your Seminar teacher 1st, then schedule a time to talk to Mr. Boliver. **DO NOT WAIT UNTIL THE LAST MINUTE ON THIS PROCESS.** The online proposal form will open on November 15th for all students during Seminar.

Students who are late with turning in their Online Proposal will be **REQUIRED** to be On-site for their project. Online proposals are due November 23rd at the end of the school day.

J-TERM Items

[Student J-Term Packet](#) handed out Oct. 26

[Video](#)



[COUNSELOR FOLDER \(9-12\)-Click here](#)

DMACC Spring On-Campus Registration

November 19th is the registration deadline for spring 2022 OCCO (On Campus Course Option) OCCO offers the same classes as Online Career Academy (OLCA) but they take place on campus.

<https://www.dmac.edu/online/Pages/careeracademy.aspx> There may be some on-campus courses that OCCA doesn't offer.

Scholarship

[DMWC \(Des Moines Women's Club\) Scholarships](#)- \$2,000 each scholarship, Due 1/18/22

[Beta Sigma Psi Scholarships to ISU](#)- \$Varies, due 2/5/22

[Pearl Hull Falk Scholarship for University of Iowa](#)- \$5,000, Due 5/2/22

ATHLETIC ACTIVITIES FOR THE WEEK

Monday 11/22

Varsity Boys Basketball Jamboree @ Roland Story High School North Gym 6:00pm

Saturday 11/27

Varsity Boys Basketball Scrimmage @ Aplington-Parkersburg High School 3:00pm

Dates to Remember

11/24- 1:15 Dismissal

11/25-11/26- No School