

ROLAND-STORY NORSEMEN MORNING BULLETIN

Tuesday, November 30, 2021 #67 “A”

This Week’s Menu

Tuesday Breakfast: Apple Frudel, Apple/Banana/Orange, Milk

Tuesday Lunch: Taquito, Corn, Pears, Milk

Wednesday Breakfast: Breakfast Pizza, Apple/Banana/Orange, Milk

Wednesday Lunch: Spaghetti w. Meat Sauce, Breadstick, Green Beans, Applesauce, Milk

Thursday Breakfast: Sausage Pancake Stick, Apple/Banana/Orange, Milk

Thursday Lunch: Cheeseburger, Fries, Peaches, Milk

Friday Breakfast: Cereal, Pop Tart, Apple/Banana/Orange, Milk

Friday Lunch: Sliced Ham, Au Gratin Potatoes, Peas & Carrots, Pears, Milk

FROM THE OFFICE

Birthdays this Week 🎉

Monday 11/29- Karly Parker

Tuesday 11/30- Dylan Nordin

Wednesday 12/1- Payton Carroll, Emory Stanley

Thursday 12/2- Jonovan Wilkinson

Friday 12/3- Carson Barber, Cody Hill

Saturday 12/4- Landon Faga, Casey Spainhower

Sunday 12/5- Hayden Walters

The Bertha Bartlett Library is hosting their annual gingerbread house decorating program December 8th at 1:30pm as an early out program for teens and tweens. [Click Here](#) for more information.

Reminder: All J-Term off-site and job shadow forms are due back Friday, December 3rd with parent's signatures!

JTerm Scholarship Opportunities

[H.A.R.T. Harvesting for the Arts](#)

[ILC Grant Program](#) Sponsored by Immanuel Evangelical Church

Advocate, Seek Help, Speak Up!

*Be Kind to each other-Do not use social media to tear someone down!

*See or hear something? Say Something to an adult.

*Advocate for yourself if you need help; Seek a trusted adult.

*Parents, keep the communication going between you and your son/daughter.

*Know crisis information. Some ideas are to Call 911; Utilize the P3 app; Call the Crisis line 1-855-581-8111. Maybe put that number in your contacts. The service is available to all ages.

Anyone experiencing a crisis can access the crisis line.)



[COUNSELOR FOLDER \(9-12\)-Click here](#)

Scholarship

[DMWC \(Des Moines Women's Club\) Scholarships](#)- \$2,000 each scholarship, Due 1/18/22

[Beta Sigma Psi Scholarships to ISU](#)- \$Varies, due 2/5/22

[Pearl Hull Falk Scholarship for University of Iowa](#)- \$5,000, Due 5/2/22

["No Sweat" Scholarship by Cirkled](#): Due 12/31, Grades 9-12, \$2500 CASH scholarship you can use for any educational purpose, from books to summer camp.

ATHLETIC ACTIVITIES FOR THE WEEK

Tuesday 11/30

JV Girls Basketball @ Gilbert High School 4:30pm

JV Boys Basketball @ Gilbert High School 4:30pm
JV2 Boys Basketball @ Gilbert Intermediate 5:45pm
Varsity Girls Basketball @ Gilbert High School 6:00pm
JV2 Girls Basketball @ Gilbert Intermediate 7:00pm
Varsity Boys Basketball @ Gilbert High School 7:30pm

Thursday 12/2

JV/Varsity Wrestling Triangular vs Gilbert & Bondurant-Farrar @ Gilbert High School 5:30pm

Friday 12/3

JV Wrestling Tournament @ Bondurant-Farrar 4:45pm
JV Girls Basketball vs Greene Country @ RSHS North Gym 4:30pm
JV Boys Basketball vs Greene County @ RSHS South Gym 4:30pm
JV2 Boys Basketball vs Greene County @ RSHS South Gym 5:45pm
Varsity Girls Basketball vs Greene County @ RSHS North Gym 6:00pm
Varsity Boys Basketball vs Greene County @ RSHS North Gym 7:30pm

Saturday 12/4

Varsity Wrestling Tournament @ Woodward-Granger High School 10:00am

Dates to Remember

12/8- 1:15 Dismissal
12/9- NHS Meeting 7:55am
12/13- Band/Vocal Concert
12/14- Key Club Meeting 7:55am
12/20-12/21- Semester Tests
12/22- 1:15 Dismissal
12/23-1/3- Winter Break No School