

# ROLAND-STORY NORSEMEN MORNING BULLETIN

**Monday, April 12, 2021 #142 “B”**

## **This Week’s Menu**

**Monday Breakfast:** Ham Breakfast Bar, Graham Crackers, Apple/Banana/Orange, Milk

**Monday Lunch:** Pepperoni Pizza, Mixed Vegetables, Pears, Milk

**Tuesday Breakfast:** French Toast Sticks, Sausage Links, Apple/Banana/Orange, Milk

**Tuesday Lunch:** Beef and Bean Burrito, Baby Carrots, Pineapple, Milk

**Wednesday Breakfast:** Breakfast Pizza, Apple/Banana/Orange, Milk

**Wednesday Lunch:** Orange Chicken, Fried Rice, Eggroll, Apple Slices, Milk

**Thursday Breakfast:** Sausage Pancake Stick, Apple/Banana/Orange, Milk

**Thursday Lunch:** Meatballs, Mashed Potatoes w. Gravy, Mixed Fruit, Milk

**Friday Breakfast:** Cereal, Graham Crackers, Apple/Banana/Orange, Milk

**Friday Lunch:** Breaded Pork Patty Sandwich, Corn, Pears, Milk

## **FROM THE OFFICE**

**CURRENT SOPHOMORES:** Apply to be a part of the Iowa High School Athletic Association's Student Advisory Committee for 2021-2022! In 2021, the IHSAA launched a student advisory committee to assist the organization in its efforts to promote leadership, sportsmanship and integrity. This group will also provide the IHSAA with an important direct link to the “student voice” as it pertains to programs of the IHSAA. See the link for the rules and application, due APRIL 19th. See Mrs. Paulson with questions~ <https://www.iahsaa.org/about/opportunities/>

**ISASP testing will be Tuesday, April 20th- Thursday, April 22nd.** Sophomores will be taking a science test and make ups will be held on Friday, April 23rd. Testing begins at 8:20, please be at your test site by 8:15. [Click Here](#) for the schedules.

**Senior Class of 2021:** Please start turning in your \$50 graduation fee to Mrs. Fetterer in the office.

### **R-S Prom 2021**

**Date:** May 1, 2021

**Grand March time/location:** Auditorium, 7-8pm

**Dance time/location:** HS South Gym, 8-10:30pm

**After Prom time/location:** Urban Air, Ankeny, IA 11pm-3am

Out of town guests will be allowed. Stop in the office for guest form. Masks will be required.

Tickets go on sale April 5th. See Mrs. Schmitz in the office. Cost is \$15 per ticket.  
Juniors and Seniors fill out the Google Form about prom/after prom that was sent to your email.

### **From the Counselor's Office:**

#### **COUNSELOR'S FOLDER**

**SILVER CORD HOURS** have been adjusted to 120 hours instead of 140 hours. This is due to the Covid pandemic and having limited opportunities to volunteer. **SENIORS**, your final submission for Silver Cord hours will be Wednesday, May 12th. Please confirm your hours with your seminar teacher. They will then inform me on May 12th which seniors have qualified.  
Silver Cords will be awarded during Senior Awards Night, May 19th.



Students here is a **FREE** virtual teen event coming up on April 17 called **Be Kind To Your Mind**. This has been a tough year so they want to give teens a chance to celebrate and reflect. They will have an afternoon packed with fun, interactive activities and will give away prizes.

**[Click here to register!](#)**

#### **Local Scholarship**

**[Ag Coop Safety Directors of Iowa Scholarship](#)**- \$1,500 due 4/30 \*ag or safety related field

**[RSEA \(RS Education Association Scholarship\)](#)**- \$300 due 4/26 Make a copy, fill, print and turn into counselor's office

**[RS Silver Cord Scholarship](#)**- \$500 due 5/5 @12:00pm Make a copy, fill, print and turn into counselor's office

#### **ATHLETIC ACTIVITIES FOR THE WEEK**

##### **Monday 4/12**

Girls Varsity Track Coed Invitational @ Carroll High School 4:30pm

Boys Varsity Track Meet @ Southeast Valley-Gowrie 4:30pm

##### **Tuesday 4/13**

Girls Varsity Golf @ Oakwood Golf Course, Conrad 4:15pm

Boys Varsity Golf @ Oakwood Golf Course, Conrad 4:15pm

**Thursday 4/15**

Boys Varsity Track Meet @ Saydel High School 4:30pm

Boys Varsity Golf Meet @ Riverbend Golf Course 4:00pm

**Friday 4/16**

Girls Varsity Golf Meet @ Don Williams Golf Course 4:00pm

Boys Varsity Golf Meet @ Don Williams Golf Course 4:00pm

**Saturday 4/17**

Boys Varsity Golf Tournament @ Grundy Center Town & Country Golf Course 9:00am

**Dates to Remember**

5/1/21- Junior/Senior Prom 8:00pm