ROLAND-STORY NORSEMEN MORNING BULLETIN Monday, April 19, 2021 #146 "A"

This Week's Menu

Monday Breakfast: Ham Breakfast Bar, Graham Crackers, Apple/Banana/Orange, Milk Monday Lunch: Hot Ham & Cheese Sandwich, Green Beans, Mandarin Oranges, Milk

Tuesday Breakfast: Mini Bagel w. Strawberry Cream Cheese, Apple/Banana/Orange, Milk

Tuesday Lunch: Crispito, Chips w. Cheese, Corn, Pears, Milk

Wednesday Breakfast: Breakfast Pizza, Apple/Banana/Orange, Milk

Wednesday Lunch: Turkey & Bacon Pita, Baby Carrots, Peaches, Milk

Thursday Breakfast: Sausage Pancake Stick, Apple/Banana/Orange, Milk

Thursday Lunch: Beef Burgers, Fries, Mixed Fruit, Milk

Friday Breakfast: Cereal, Muffin, Apple/Banana/Orange, Milk

Friday Lunch: Sausage Pizza, Romaine Salad, Pineapple, Milk

FROM THE OFFICE

Seniors: If you would like an extra rose for the rose ceremony at graduation please bring \$3 to Mrs. Fetterer in the office by Friday, May 7th.

FCCLA members, the succulent potting activity will be Saturday, April 24 10:00-11:00 at Red Granite Farm. We are donating these to Bethany Life residents. Please sign up on Mrs.

Brouwer's door if you want to participate!

Attention Football Players: Anyone interested in going out for football next year needs to attend an informational meeting Wednesday, April 21st in the south gym.

9th-12th Grade Baseball Parents/Players - There will be a parent/player meeting on Wednesday 4/21 located at the HS baseball field starting at 5:40. At this meeting we will discuss the program's decision to move away from our former model of 9th/JV/V playing levels to JVR/JV/V levels. The team handbook will also be handed out and gone over at this meeting. This meeting will serve as the annual baseball parent meeting for all 9th-12th grade players.

ISASP testing will be Tuesday, April 20th- Thursday, April 22nd. Sophomores will be taking a science test and make ups will be held on Friday, April 23rd. Testing begins at 8:20, please be at your test site by 8:15. Seniors you will have a late start Tuesday-Thursday. <u>Click Here</u> for the schedules.

Senior Class of 2021: Please start turning in your \$50 graduation fee to Mrs. Fetterer in the office.

R-S Prom 2021

Date: May 1, 2021

Grand March time/location: Auditorium, 7-8pm

Dance time/location: HS South Gym, 8-10:30pm

After Prom time/location: Urban Air, Ankeny, IA 11pm-3am

Out of town guests will be allowed. Stop in the office for guest form. Masks will be required.

Tickets go on sale April 5th. See Mrs. Schmitz in the office. Cost is \$15 per ticket.

Juniors and Seniors fill out the Google Form about prom/after prom that was sent to your email.

From the Counselor's Office:

COUNSELOR'S FOLDER



Students here is a FREE virtual teen event coming up on April 17 called Be Kind To

Your Mind. This has been a tough year so they want to give teens a chance to celebrate and reflect. They will have an afternoon packed with fun, interactive activities and will give away prizes.

Click here to register!

Scholarships

StudentScholarship.org

*AMVETS National Scholarships- \$4,000 due 4/30

*Fortuna Scholarship- \$1,000 due 4/30

*National Healthcare Heroes Grant for Nurses- \$1,000 due 5/1

*Paradigm Challenge Scholarship- \$100,000 due 5/1

*Thermo Fisher Scientific Antibody Scholarship - \$10,000 due 5/5

*Impact Scholarships for Black Students- \$2,550 due 5/11

*NAGE Scholarship- \$500 due 5/14

*NC Scholarships- \$2,000 due 5/31

*Full Circle Scholarship- \$15,000 due 5/31

*SP High School Scholarship- \$10,000 due 5/31

*SILA Foundation Scholarship - \$1,000 due 5/31

*AGC Workforce Development Scholarships- \$1,000 due 6/1

*Got a Spine Scholarship- \$500 due 6/2

ATHLETIC ACTIVITIES FOR THE WEEK

Monday 4/19

Girls Varsity Golf Invitational @ Honey Creek in Boone 1:00pm

Boys Varsity Golf Meet vs. North Polk & Woodward-Granger @ Riverbend Golf Course 4:00PM

Boys Varsity Track Invitational @ Hampton-Dumont High School 4:30pm--CANCELED

Girls Varsity Track Invitational @ Gilbert High School 4:30pm

Tuesday 4/20

Girls Varsity Golf Triangular @ Ames Golf & Country Club 4:00pm
Girls JV Golf Meet @ Ames Golf & Country Club 4:00pm
Boys Varsity Golf Triangular vs South Hamilton/West Marshall @ Riverbend Golf Course 4:00pm
Boys Varsity Track Meet @ BGM High School 4:30PM

Thursday 4/22

Girls Varsity Golf Triangular vs. North Polk/South Hamilton/West Marshall@ Riverbend Golf Course 4:00pm

Girls Varsity Track Invitational @ Roland Story High School 4:30pm

Saturday 4/25

Boys Varsity Golf Tournament vs. Iowa Falls-Alden/North Polk/South Hamilton @ Riverbend Golf Course 9:00am

Dates to Remember

5/1/21- Junior/Senior Prom 8:00pm