

# **ROLAND-STORY NORSEMEN MORNING BULLETIN**

**Monday, February 1, 2021 #100 “B”**

## **This Week’s Menu**

**Monday Breakfast:** Ham Breakfast bar, Graham Crackers, Apple/Banana/Orange, Milk

**Monday Lunch:** Pepperoni Pizza, Mixed Vegetables, Pineapple, Milk

**Tuesday Breakfast:** Cheese Omelet, Sausage Links, Graham Crackers, Apple/Banana/Orange, Milk

**Tuesday Lunch:** Walking Tacos, Green Beans, Applesauce, Milk

**Wednesday Breakfast:** Breakfast Pizza, Apple/Banana/Orange, Milk

**Wednesday Lunch:** Breaded Pork Patty Sandwich, Corn, Pears, Milk

**Thursday Breakfast:** Sausage Pancake Stick, Apple/Banana/Orange, Milk

**Thursday Lunch:** Meatball Sub, Peas, Mixed Fruit, Milk

**Friday Breakfast:** Cereal, Muffin, Apple/Banana/Orange, Milk

**Friday Lunch:** Turkey & Bacon Pita, Baby Carrots, Pears, Milk

## **FROM THE OFFICE**

**There will be an FFA meeting** on Friday morning beginning at 7:55 am for all members.

**FFA members interested in** signing up for the State FFA band or chorus, should stop by the Ag classroom for information.

**Attention all Norsemen!!** Key Club is hosting a week-long Red Out to benefit the American Heart Association. There will be a coin war among the classes to vie for lunch order. You can put money in any of the 4 buckets during 5th period. Coins are positive, but bills are negative. The class with the most positive money at the end of the week wins first in line for lunch during Sweet Week! Tuesday, the home basketball game against South Hamilton will be a RED OUT.

Key Club will be selling hearts, wristbands and t-shirts and have a CPR demo table for spectators with information on what the AHA does for America.

**Tickets for home games/matches** - Tickets can be purchased online prior to the event at

<https://events.ticketspicket.com/home>

Walk-up tickets can be purchased IF the capacity for the event has not been met.

### **Nurse Updates**

During this time we are taking extra safety measures to keep our students, families and staff safe. Due to this we ask that if your child has two or more low risk symptoms or one high symptom they stay home for 10 days. If you would like to have your child evaluated by their health care provider during that time please communicate with the school the outcome of the evaluation by your child's doctor and we will work together to determine the date your child can safely return to school. Thank you for cooperation during this time.

### **Evaluating Sick Students and Staff**

### **From the Counselor's Office:**

### **COUNSELOR'S FOLDER**



**RS families:** Please remember to visit the HS counselor's website if you are in need of area and local help. [Click here](#)

### **Scholarships**

### **ATHLETIC ACTIVITIES FOR THE WEEK**

#### **Tuesday 2/2**

JV Girls Basketball vs South Hamilton @ Roland Story High School North Gym 4:30pm

JV Boys Basketball vs South Hamilton @ Roland Story High School South Gym 4:30pm

JV2 Boys Basketball vs South Hamilton @ Roland Story High School South Gym 5:45pm

JV2 Girls Basketball vs South Hamilton @ Roland Story High School South Gym 7:00pm

Varsity Girls Basketball vs South Hamilton @ Roland Story High School North Gym 6:00pm

Varsity Boys Basketball vs South Hamilton @ Roland Story High School North Gym 7:30pm

#### **Friday 2/5**

Varsity Girls Basketball @ PCM 6:00pm

Varsity Boys Basketball @ PCM 7:30pm

**Saturday 2/6**

Varsity Wrestling Sectionals @ Iowa-Falls Alden 12:00pm

JV Girls Basketball @ Dallas Center-Grimes 4:45pm

JV Boys Basketball @ Dallas Center-Grimes 4:45pm

Varsity Girls Basketball @ Dallas Center-Grimes 6:15pm

JV2 Boys Basketball @ Dallas Center-Grimes 6:15pm

Varsity Boys Basketball @ Dallas Center- Grimes 7:30pm

JV2 Girls Basketball @ Dallas Center-Grimes 7:30pm

**Dates to Remember**

2/9 & 2/11- 2:30 Early Dismissal

2/19- No School Teacher Inservice