

ROLAND-STORY NORSEMEN MORNING BULLETIN

Monday, August 30, 2021 #6 "F"

This Week's Menu

Monday Breakfast: Ham Breakfast Bar, Graham Crackers, Apple/Banana/Orange, Milk

Monday Lunch: Pork Rib on a Bun, Peas, Mixed Fruit, Milk

Tuesday Breakfast: Mini Pancakes, Apple/Banana/Orange, Milk

Tuesday Lunch: Cheese Quesadilla, Carrots w. Ranch, Mandarin Oranges, Milk

Wednesday Breakfast: Breakfast Pizza, Apple/Banana/Orange, Milk

Wednesday Lunch: Orange Chicken, Fried Rice, Eggroll, Steamed Broccoli, Mixed Fruit, Milk

Thursday Breakfast: Sausage Pancake Stick, Apple/Banana/Orange, Milk

Thursday Lunch: Turkey Sub Sandwich, Celery w. Ranch, Apple Slices, Milk

Friday Breakfast: Cereal, Muffin, Apple/Banana/Orange, Milk

Friday Lunch: Sausage & Pepperoni Calzone, Romaine Salad, Pears, Milk

FROM THE OFFICE

Monday -During Seminar, report to the Auditorium for the first part of the time.

Calling all Norse: Key Club membership forms are available in Mrs. Lettow's room (103). We are a national volunteer organization dedicated to serving our school and community. Forms and dues should be turned in by September 14th at our first meeting. Talk to one of our officers for more details: Emma Schnurstein, Carly Halstead, Emilia Broich and Samantha Sanderson.

SENIORS! Sign up for Powder Puff in Mr. Bowman's room by Wednesday, Sept. 1st. The PP Game will take place on Thursday, Sept. 23rd of Homecoming week. Teams will be announced on Friday, Sept. 3rd. All seniors are welcome to sign up! T-shirt designs and order forms coming soon!

On Wednesday, Sept. 1 during Seminar, we will be hearing about the different clubs or organizations that you can join at RSHS.

Fall play auditions are Monday, August 30 and Tuesday, August 31. Sign-up for an audition time in the IMC and pick up an audition packet. Please bring the completed packet to your audition. If you have any questions, contact Mrs. Broich or Mrs. Webb. (8/31)

From the Counselor's Office:
COUNSELOR'S FOLDER

TIME FRAME FOR MAKING CHANGES:

*3 days to add a class (til 8/25)

*10 days to drop a class (till 9/3)

At least 5.25 credits on your schedule to be a full-time student. ALL students must have PE each semester.

NOTE: Many sections/classes are full so it is not guaranteed that your schedule will be changed.

ATHLETIC ACTIVITIES FOR THE WEEK

Monday 8/30

JV2 Volleyball Quad @ Nevada 5:00pm

JV Volleyball Quad @ South Hamilton 5:00pm

JV Football @ South Hamilton 6:00pm

Tuesday 8/31

JV/Varsity Cross Country @ Webster City 5:00pm

Thursday 9/2

JV/JV2/Varsity Volleyball @PCM 5:00pm

Friday 9/3

Varsity Football vs. East Marshall @ Roland Story High School 7:00pm

Dates to Remember

9/6- Labor Day, No School