

# **ROLAND-STORY NORSEMEN MORNING BULLETIN**

**Tuesday, September 14, 2021 #16 “D”**

## **This Week’s Menu**

**Tuesday Breakfast:** French Toast Sticks, Sausage Links, Apple/Banana/Orange, Milk

**Tuesday Lunch:** Chicken Tacos, Black Beans, Diced Mangos, Milk

**Wednesday Breakfast:** Breakfast Pizza, Apple/Banana/Orange, Milk

**Wednesday Lunch:** Spaghetti w. Meat Sauce, Breadstick, Green Beans, Applesauce, Milk

**Thursday Breakfast:** Sausage Pancake Stick, Apple/Banana/Orange, Milk

**Thursday Lunch:** Shredded BBQ Chicken Sandwich, Baked Beans, Blueberries, Milk

**Friday Breakfast:** Cereal, Muffin, Apple/Banana/Orange, Milk

**Friday Lunch:** Pork Fritter Sandwich, Capri Vegetables, Sliced Strawberries, Milk

## **FROM THE OFFICE**

### **Congratulations to our 2021 Homecoming Court**

**King Candidates:** Jacob Hennager, Cade Murphy, Cade Diehl, Matthew Phelan and Will Bunn

**Queen Candidates:** Jana Isebrands, Reagan Barkema, Reece Johnson, Madison Geise and Ellie Erickson

**Guest requests for Homecoming are in the office.** These are due no later than Wednesday September 22 at 3:30pm. The form must be faxed or emailed back to us from your guest school. Simply turning it in yourself will not work.

**HOMECOMING!!** The week of Sept. 20<sup>th</sup>-24<sup>th</sup> the Norsemen will be celebrating HOMECOMING WEEK! Please check the calendar for all of the games and meets that take place!

**Week Prior-** Door decorating! If your Seminar would like to participate, have your door completed by Tuesday afternoon (of HC Week)! Judging will take place after school and prizes will be awarded for 1st and 2nd places!

**Monday:** We kick off the week with a Fall Kick-Off pep assembly during Seminar. Homecoming Court will be introduced!

**Tuesday:** Door judging for Seminar homerooms after school! Awards will be given to 1st and 2nd place doors!

**Wednesday:** High school students will eat lunch on the field! (Early dismissalal 1:15 p.m.)

**Thursday:** The high school will dismiss to watch the Powder Puff game, starting at 2:15 p.m.

**Friday:** Homecoming Parade! The parade will start at 2:15 p.m. There will be a Pep Rally with the announcement of the Homecoming King and Queen Coronation immediately following the parade at 2:45 p.m.

### Homecoming Week Themes 9/20-9/24

**Monday: Class Color Day** 🟡💙💚💜💖

9th-Yellow, 10th- Blue, 11th- Green, 12th- Pink, Staff- Purple

**Tuesday: Decade Day** 🤞👧

**Wednesday: Denim Day** 👕👖

**Thursday: Hawaiian Day** 🌺🍍🥥

**Friday: Norsemen Spirit Day** ⚫🔴

### From the Counselor's Office:

#### COUNSELOR'S FOLDER

#### ***I plan to attend DMACC! (Seniors)***

*Any senior that plans to attend DMACC for the F'2022 should attend a college application session on Tuesday, September 28, during Seminar. A DMACC representative will be here during Seminar to help you with this application. Sign up in Mrs. Heisterkamp's office.*

**Military Opt Out Form for Juniors and Seniors:** This allows us to legally refuse to give the military contact information about your student if you sign this form. Please return the signed form by September 13th to the guidance office.

#### **Scholarships**

\*[University of Iowa: Strayer-Rairden Scholarship](#)- \$1,000 (renewable) due 1/31. Going to U of I and has declared Physics or Astronomy as their major

#### \*[StudentScholarships.org](#)

- 1) Be Bold Scholarship- \$25,102 due 9/30
- 2) Good Fortune Scholarship- \$1,000 due 9/30
- 3) CollegeXpress Scholarship- \$10,000 due 9/30
- 4) Nitro Scholarship- \$2,000 due 9/30
- 5) SP High School Scholarship- \$10,000 due 9/30
- 6) Women's Ministries Scholarship Program- \$20,000 due 10/15
- 7) NACME Scholarships- \$5,000 due 10/30
- 8) Coca-Cola Scholars Program- \$20,000 due 10/31

- 9) Duckett Local Conservation Scholarship- \$1,000 due 10/31
- 10) Pursuing a Positive Impact Scholarship- \$3,000 due 10/31
- 11) Builders' Association Scholarship- \$3,000 due 11/1
- 12) Hispanic Heritage Youth Awards- \$3,500 due 11/14
- 13) Conerto High School Musicians Scholarship- \$2,500 due 11/15
- 14) Overachievers Student Grant- \$12,500 due 11/15
- 15) Dr Juan Andrade Jr. Scholarship- \$1,000 due 11/30

### **ATHLETIC ACTIVITIES FOR THE WEEK**

#### **Tuesday 9/14**

Varsity Volleyball @ North Polk High School vs. North Polk & Gilbert 5:30pm

JV/JV2 Volleyball @ North Polk Middle School vs. North Polk & Gilbert 5:30pm

#### **Thursday 9/16**

JV/JV2 Volleyball Match @ Nevada High School 5:00pm

Varsity Volleyball Match @ Nevada High School 6:30pm

#### **Friday 9/17**

JV2 Football Game @ Albia High School 4:45pm

Varsity Football Game @ Albia High School 7:30pm

#### **Saturday 9/18**

Varsity Volleyball Tournament @ Forest City High School 9:00am

#### **Dates to Remember**

9/22- 1:15 Dismissal

9/28- High School Picture Day 9th-11th