

# ROLAND-STORY NORSEMEN MORNING BULLETIN

**Monday, September 20, 2021 #20 “B”**

## **This Week’s Menu**

**Monday Breakfast:** Ham Breakfast Bar, Graham Crackers, Apple/Banana/Orange, Milk

**Monday Lunch:** Cheese Pizza, Romaine Salad, Pears, Milk

**Tuesday Breakfast:** Sausage Egg & Cheese Biscuit, Apple/Banana/Orange, Milk

**Tuesday Lunch:** Chicken & Cheese Quesadilla, Mixed Fruit, Corn, Milk

**Wednesday Breakfast:** Breakfast Pizza, Apple/Banana/Orange, Milk

**Wednesday Lunch:** Turkey Sub, Pretzel Goldfish, Baby Carrots, Apple Slices, Milk

**Thursday Breakfast:** Sausage Pancake Stick, Apple/Banana/Orange, Milk

**Thursday Lunch:** Chili Cheese Dog, Mixed Vegetables, Peaches, Milk

**Friday Breakfast:** Cereal, Muffin, Apple/Banana/Orange, Milk

**Friday Lunch:** Cod Nuggets, Green Beans, Applesauce, Milk

## **FROM THE OFFICE**

**KNOW YOUR CONSTITUTION** - To mark the 234th Anniversary of the signing of the U.S. Constitution, the Iowa State Bar Association is once again offering the Know Your Constitution contest for Iowa high school students. This annual quiz and essay format asks participants to test and apply their knowledge of our nation’s founding document. The program consists of 50 multiple-choice questions and an essay prompt (all open-book). Submissions are due by Friday, December 3, 2021. Finalists will be selected from each of Iowa’s 100 state legislative districts. Contact Mr. Klett if you are interested.

**Guest requests for Homecoming are in the office.** These are due no later than Wednesday September 22 at 3:30pm. The form must be faxed or emailed back to us from your guest school. Simply turning it in yourself will not work.

## **Homecoming Week Activities**

**Monday:** We kick off the week with a Fall Kick-Off pep assembly during Seminar. Homecoming Court will be introduced!

**Tuesday:** Door judging for Seminar homerooms after school! Awards will be given to 1st and 2nd place doors!

**Wednesday:** High school students will eat lunch on the field! (Early dismissal 1:15 p.m.)

**Thursday:** The high school will dismiss to watch the Powder Puff game, starting at 2:15 p.m.

**Friday:** Homecoming Parade! The parade will start at 2:15 p.m. There will be a Pep Rally with the announcement of the Homecoming King and Queen Coronation immediately following the parade at 2:45 p.m.

### Homecoming Week Themes 9/20-9/24

**Monday: Class Color Day** 🍷💙💚💜💖

9th-Yellow, 10th- Blue, 11th- Green, 12th- Pink, Staff- Purple

**Tuesday: Decade Day** 🤞👧

**Wednesday: Denim Day** 👕👖

**Thursday: Hawaiian Day** 🌺🍍🥥

**Friday: Norsemen Spirit Day** ⚫🔴

### From the Counselor's Office:

#### COUNSELOR'S FOLDER

#### ***Plan to attend DMACC! (Seniors)***

*Any senior that plans to attend DMACC for the F'2022 should attend a college application session on Tuesday, September 28, during Seminar. A DMACC representative will be here during Seminar to help you with this application. Sign up in Mrs. Heisterkamp's office.*

#### **Scholarships**

- \*[University of Iowa: Strayer-Rairden Scholarship](#)- \$1,000 (renewable) due 1/31. Going to U of I and has declared Physics or Astronomy as their major
- \*[Most Valuable Student Contest by Elks National Foundation](#)- \$1,000-\$12,500 due 11/15 For 4yr degree/full time basis. Do not have to be related to Elks members.
- \*[Legacy Awards by Elks National Foundation](#)- \$4,000 due 2/7 For children or grandchildren of Elks members.

#### \*[StudentScholarsihps.org](#)

- 1) Be Bold Scholarship- \$25,102 due 9/30
- 2) Good Fortune Scholarship- \$1,000 due 9/30
- 3) CollegeXpress Scholarship- \$10,000 due 9/30
- 4) Nitro Scholarship- \$2,000 due 9/30
- 5) SP High School Scholarship- \$10,000 due 9/30

- 6) Women's Ministries Scholarship Program- \$20,000 due 10/15
- 7) NACME Scholarships- \$5,000 due 10/30
- 8) Coca-Cola Scholars Program- \$20,000 due 10/31
- 9) Duckett Local Conservation Scholarship- \$1,000 due 10/31
- 10) Pursuing a Positive Impact Scholarship- \$3,000 due 10/31
- 11) Builders' Association Scholarship- \$3,000 due 11/1
- 12) Hispanic Heritage Youth Awards- \$3,500 due 11/14
- 13) Conerto High School Musicians Scholarship- \$2,500 due 11/15
- 14) Overachievers Student Grant- \$12,500 due 11/15
- 15) Dr Juan Andrade Jr. Scholarship- \$1,000 due 11/30

### **ATHLETIC ACTIVITIES FOR THE WEEK**

#### **Monday 9/20**

JV2 Volleyball @ Gilbert Middle School vs Gilbert & Greene County 5:30pm

JV Volleyball @ Gilbert High School vs Gilbert, Greene County & South Hamilton 5:30pm

JV Football Game vs PCM @ Roland Story High School 6:00pm

#### **Tuesday 9/21**

JV/JV2 Volleyball @ Perry High School 5:00pm

Varsity Volleyball @ Perry High School 6:30pm

#### **Thursday 9/23**

JV/Varsity Cross Country Meet @ River Bend Golf Course 4:30pm

#### **Friday 9/24**

JV2 Football Game @ Roland Story High School 4:45pm

Varsity Football Game @ Roland Story High School 7:00pm

#### **Dates to Remember**

9/22- 1:15 Dismissal

9/28- High School Picture Day 9th-11th