

ROLAND-STORY NORSEMEN MORNING BULLETIN

Tuesday, January 25, 2022 #98 “E”

This Week’s Menu

Tuesday Breakfast: Apple Frudel, Apple/Banana/Orange, Milk

Tuesday Lunch: Taquito, Green Beans, Mandarin Oranges, Milk

Wednesday Breakfast: Breakfast Pizza, Apple/Banana/Orange, Milk

Wednesday Lunch: Beef Burger, Fries, Pears, Milk

Thursday Breakfast: Sausage Pancake Stick, Apple/Banana/Orange, Milk

Thursday Lunch: Beef Stew, Cinnamon Roll, Apple Slices, Milk

Friday Breakfast: Cereal, Pop Tart, Apple/Banana/Orange, Milk

Friday Lunch: Grilled Chicken Sandwich, Green Beans, Pineapple, Milk

FROM THE OFFICE

Birthdays this Week 🎂

Monday 1/24- Max Boman, Levi Webb

Tuesday 1/25- Steven Castillo,

Wednesday 1/26- Quin Ante, Elizabeth Ihle

Thursday 1/27- Jamie Lozano, Derek Taylor

Friday 1/28- Jana Isebrands, Tyler Isebrands

Saturday 1/29- Cooper Clark, Chaz Thomas

SWEET WEEK JAN 31st- Feb. 4th!

January 31st - 4th is Roland-Story’s **SWEET WEEK!** We’ll kick off the week with a winter activities assembly and have an introduction of the Sweetheart Court during Monday’s Seminar! Order a **CRUSH** for someone who is “**Crushin’ it**” or for your crush during lunches Mon.- Thursday to be delivered to 1st hours on Friday! Senior boys (Senior girls coaching) sign up in Mr. Bowman’s room for the Powder-Tuff volleyball competition on Friday! Friday night is **RED OUT** at the basketball games and the Sweetheart Ball is on Saturday, Feb. 5th!

DRESS UP DAYS:

Monday - PJ Day! 🛏️🧸

Tuesday - Anything but a Backpack Day! 🎒

Wednesday (2/2/22) – Twin Day! 🐻🐻
Thursday – Country Vs. Country Club Day! 🧑🏫🧑🏫
Friday – RED OUT! 🛑

Dance Request will be available in the office starting on Monday 1/24. They are due back to the office by Thursday 2/3.

Help your classmates get to Disney! Take the ACT practice test for \$25. [Click here](#) for more information!



Time to sign up for **S2 Big Buddies Program**. [Click here to sign up!](#)

RS students, do you need extra support?

Virtual College Coach Program: Virtual assistance appointments are now available! Students can learn more about our virtual assistance programs here. They can schedule an appointment here to receive assistance with any of the following; FAFSA completion, college applications, financial aid offers, scholarships, etc. Students can also opt-in to our texting program to receive nudges and ask specific questions throughout the college-going process. Student Leaders and Access Coaches can promote and assist students in signing up for these services.



[COUNSELOR FOLDER \(9-12\)-Click here](#)

Careers: Worksite Industry Tours in Ames

Tuesday, March 1, 2022 – Todd & Sargent – 9 AM – 12 PM

Description: Would you like a closer look at a career in drafting, engineering or designing? Join us at Todd & Sargent for an up-close glimpse at these careers and more. During this visit, you'll follow a project from each phase in-house, to creation with a visit to the job site.

Thursday, April 21, 2022 – Danfoss – 9 AM – 11 AM

Description: This isn't your grandfather's manufacturing! Come to Danfoss, one of the largest employers in the Ames area and learn more about how we are Engineering Tomorrow! Hear from a panel of experienced professionals in various departments and a tour our production shop floor, as well as, R&D areas. Join us to see opportunities in Engineering, IT, Supply Chain, Human Resources, Finance, Sales & Marketing, Production Leadership, Maintenance, Technician roles, the many internships we offer each year and much more!

Here's a link to the event registration:

<https://www.dmacc.edu/careerdiscovery/Pages/careerdiscovery.aspx> . See Mrs. Heisterkamp if you need transportation.

Local Scholarships

*[Key Cooperative Scholarship](#)- \$1,000 due 3/28

*[Story City American Legion Auxiliary Scholarship](#)- \$Varies due 3/4

ATHLETIC ACTIVITIES FOR THE WEEK

Tuesday 1/25/22

JV Boys Basketball vs Perry @ Roland Story High School North Gym 4:30pm

Varsity Girls Basketball vs Perry @ Roland Story High School North Gym 6:00pm

Varsity Boys Basketball vs Perry @ Roland Story High School North Gym 7:30pm

Thursday 1/27/22

JV/Varsity Wrestling Quad @ Iowa Falls-Alden High School 6:00pm

JV Girls Basketball @ Greene County High School 4:30pm

Varsity Girls Basketball @ Greene County High School 6:00pm

Varsity Boys Basketball @ Greene County High School 7:30pm

Friday 1/28/22

JV Girls Basketball @ Saydel High School 4:30

JV Boys Basketball @ Saydel High School 4:30pm

JV2 Boys Basketball @ Saydel High School 5:45pm

Varsity Girls Basketball @ Saydel High School 6:00pm

Varsity Boys Basketball @ Saydel High School 7:30pm

JV Wrestling Tournament @ Roland Story High School 5:00pm

Saturday 1/29/22

Varsity Wrestling Tournament @ Roland Story High School 10:00am

Dates to Remember

1/26- 1:15 Dismissal

2/5/22- Sweetheart Ball