

ROLAND-STORY NORSEMEN MORNING BULLETIN

Wednesday, January 26, 2022 #99 "F"

This Week's Menu

Wednesday Breakfast: Breakfast Pizza, Apple/Banana/Orange, Milk

Wednesday Lunch: Beef Burger, Fries, Pears, Milk

Thursday Breakfast: Sausage Pancake Stick, Apple/Banana/Orange, Milk

Thursday Lunch: Beef Stew, Cinnamon Roll, Apple Slices, Milk

Friday Breakfast: Cereal, Pop Tart, Apple/Banana/Orange, Milk

Friday Lunch: Grilled Chicken Sandwich, Green Beans, Pineapple, Milk

FROM THE OFFICE

Late Start/Early Release Schedule

1st: 10:20-10:33

2nd: 10:36-10:49

3rd: 10:52-11:05

4th: 11:08-11:21

6th: 11:24-11:37

7th: 11:40-11:53

8th: 11:56-12:06

A Lunch: 12:06-12:29

5th: 12:09-12:52

5thSH1: 12:09-12:52

B Lunch: 12:29-12:52

5thSH2: 12:55-1:15

C Lunch: 12:52-1:15

5th: 12:32-1:15

Birthdays this Week 🎉

Monday 1/24- Max Boman, Levi Webb

Tuesday 1/25- Steven Castillo,

Wednesday 1/26- Quin Ante, Elizabeth Ihle

Thursday 1/27- Jamie Lozano, Derek Taylor

Friday 1/28- Jana Isebrands, Tyler Isebrands

Saturday 1/29- Cooper Clark, Chaz Thomas

SWEET WEEK JAN 31st- Feb. 4th!

January 31st - 4th is Roland-Story's **SWEET WEEK!** We'll kick off the week with a winter activities assembly and have an introduction of the Sweetheart Court during Monday's Seminar! Order a **CRUSH** for someone who is "Crushin' it" or for your crush during lunches Mon.- Thursday to be delivered to 1st hours on Friday! Senior boys (Senior girls coaching) sign up in Mr. Bowman's room for the Powder-Tuff volleyball competition on Friday! Friday night is **RED OUT** at the basketball games and the Sweetheart Ball is on Saturday, Feb. 5th!

DRESS UP DAYS:

Monday - PJ Day! 🛏️ 🧸

Tuesday - Anything but a Backpack Day! 🎒

Wednesday (2/2/22) – Twin Day! 🐻 🐻

Thursday – Country Vs. Country Club Day! 🏌️ 🧑

Friday – RED OUT! 🛑

Dance Request will be available in the office starting on Monday 1/24. They are due back to the office by Thursday 2/3.

Help your classmates get to Disney! Take the ACT practice test for \$25. [Click here](#) for more information!



Time to sign up for S2 Big Buddies Program. [Click here to sign up!](#)

RS students, do you need extra support?

Virtual College Coach Program: Virtual assistance appointments are now available! Students can learn more about our virtual assistance programs here. They can schedule an appointment here to receive assistance with any of the following; FAFSA completion, college applications, financial aid offers, scholarships, etc. Students can also opt-in to our texting program to receive

nudges and ask specific questions throughout the college-going process. Student Leaders and Access Coaches can promote and assist students in signing up for these services.



[COUNSELOR FOLDER \(9-12\)-Click here](#)

Local Scholarships

*[Key Cooperative Scholarship](#)- \$1,000 due 3/28

*[Story City American Legion Auxiliary Scholarship](#)- \$Varies due 3/4

ATHLETIC ACTIVITIES FOR THE WEEK

Thursday 1/27/22

JV/Varsity Wrestling Quad @ Iowa Falls-Alden High School 6:00pm

JV Girls Basketball @ Greene County High School 4:30pm

Varsity Girls Basketball @ Greene County High School 6:00pm

Varsity Boys Basketball @ Greene County High School 7:30pm

Friday 1/28/22

JV Girls Basketball @ Saydel High School 4:30

JV Boys Basketball @ Saydel High School 4:30pm

JV2 Boys Basketball @ Saydel High School 5:45pm

Varsity Girls Basketball @ Saydel High School 6:00pm

Varsity Boys Basketball @ Saydel High School 7:30pm

JV Wrestling Tournament @ Roland Story High School 5:00pm

Saturday 1/29/22

Varsity Wrestling Tournament @ Roland Story High School 10:00am

Dates to Remember

1/26- 1:15 Dismissal

2/5/22- Sweetheart Ball