

ROLAND-STORY NORSEMEN MORNING BULLETIN

Monday, January 10, 2022 #88 "A"

This Week's Menu

Monday Breakfast: Ham Breakfast Bar, Graham Crackers, Apple/Banana/Orange, Milk

Monday Lunch: Pizza, Romaine Salad, Pears, Milk

Tuesday Breakfast: Cherry Frudel, Apple/Banana/Orange, Milk

Tuesday Lunch: Walking Tacos, Corn, Applesauce, Milk

Wednesday Breakfast: Breakfast Pizza, Apple/Banana/Orange, Milk

Wednesday Lunch: Turkey Sub Sandwich, Celery w. Ranch, Apple Slices, Milk

Thursday Breakfast: Sausage Pancake Stick, Apple/Banana/Orange, Milk

Thursday Lunch: Meatballs, Mashed Potatoes w. Gravy, Mixed Fruit, Dinner Roll, Milk

Friday Breakfast: Cereal, Pop Tart, Apple/Banana/Orange, Milk

Friday Lunch: Pork Rib on a Bun, Peas, Peaches, Milk

FROM THE OFFICE

Birthdays this Week 🎉

Monday 1/10- Marissa Oetker, Mr. Berggren

Tuesday 1/11- Madelyn Roling

Thursday 1/13- Dylan Nims

Saturday 1/15- Ellie Erickson

Do you love to sing? Do you miss making music with friends? Virtual Placement Auditions for the 2022 spring season of the Ames Children's Choirs will be conducted from January 10–17. The program includes four choirs: Preparatory Choir (ages 7-8), Chorale (ages 9-11), Concert Choir (ages 12-18, treble voices), and Singers (ages 12-18; treble/bass voices).

We are planning a hybrid rehearsal model featuring a combination of face-to-face and synchronous, online rehearsals. These will take place on Mondays (Prep & Chorale) and Tuesdays (Concert Choir & Singers). The choirs will perform a Spring Concert in May in addition to virtual performances and collaborations with central Iowa communities. Precautions are being made to provide a safe environment for singing during this pandemic, and we'd be happy to discuss our plans with you!

For all virtual placement auditions, singers may sing any song of choice but are welcome to audition without a prepared song. No previous experience or vocal training is required for participation in the choirs, only the ability to match pitch and maintain a melody. A tuition fee will be assessed to cover the cost of facilities, instruction, music, and administration.

Please contact info@ameschildrenschoirs.org or (515) 290-1422 to receive more information about the program and/or to arrange for a specific audition time.



[COUNSELOR FOLDER \(9-12\)-Click here](#)

S2 Schedule Changes (counselor's office):

*Wednesday, 1/12- Last day to add/move a class

*Friday, 1/21- Last day to drop a class (turn into study hall). Make sure you have 5 full time classes including a PE even after dropping.

NOTE: On the back, reason for the change and get parent signature.

**Many sections/classes are full so it is not guaranteed that your schedule will be changed.*

Scholarship

[IES Central Iowa Chapter Scholarship](#)- \$500 or \$1,000 due 2/21. Going to ISU or U of I for engineering.

ATHLETIC ACTIVITIES FOR THE WEEK

Monday 1/10/22

JV Girls Basketball vs Southeast Valley @ Roland Story High School South Gym 4:30pm

JV Boys Basketball vs Southeast Valley @ Roland Story High School North Gym 4:30pm

JV2 Boys Basketball vs Southeast Valley @ Roland Story High School South Gym 5:45pm

Varsity Girls Basketball vs Southeast Valley @ Roland Story High School North Gym 6:00pm

Varsity Boys Basketball vs Southeast Valley @ Roland Story High School North Gym 7:30pm

Thursday 1/13/22

JV2 Girls Basketball @ Clear Lake High School 4:30pm

JV Girls Basketball @ Clear Lake High School 6:00pm

Varsity Girls Basketball @ Clear Lake High School 7:30pm

JV/Varsity Wrestling Dual @ Nevada High School 6:00pm

Friday 1/14/22

JV Girls Basketball @ Greene County 4:30pm

Varsity Girls Basketball @ Greene County 6:00pm

Varsity Boys Basketball @ Greene County 7:30pm

Saturday 1/15/22

JV/Varsity Wrestling @ ADM High School 9:00am

Dates to Remember

1/11- Key Club Meeting 7:55am

1/12- 1:15 Dismissal

1/26- 1:15 Dismissal

2/5/22- Sweetheart Ball