

ROLAND-STORY NORSEMEN MORNING BULLETIN

Tuesday, March 29, 2022 #135 "A"

This Week's Menu

Tuesday Breakfast: Pancakes w. Blueberry Glaze, Apple/Banana/Orange, Milk

Tuesday Lunch: Beef & Cheese Taco Stick, Green Beans, Pineapple, Milk

Wednesday Breakfast: Sausage, Egg and Cheese Biscuit, Apple/Banana/Orange, Milk

Wednesday Lunch: Pepperoni Pizza, Romaine Salad, Peaches, Milk

Thursday Breakfast: Sausage Pancake Stick, Apple/Banana/Orange, Milk

Thursday Lunch: Cheeseburger, Baked Beans, Pears, Milk

Friday Breakfast: Cereal, Granola Bar, Apple/Banana/Orange, Milk

Friday Lunch: Cod Nuggets, Green Beans, Pears, Milk

FROM THE OFFICE

Birthdays this Week 🎂

Monday 3/28- Ava Nolte

Wednesday 3/30- Michael Carter, Dillon Lettow

Thursday 3/31- Madison Geise

Saturday 4/2- Kathryn Limas

Sunday 4/3- Bridget Stowe

Seniors: Now is the time to start turning in your graduation fee. Please drop off your payment to the office before your last day of classes.

ISASP testing is right around the corner. High school and elementary will be testing the week of April 18th. Middle school will be testing the week of April 25th. Information about test security and procedures can be found in the [District Assessment Policy and Procedures Handbook](#) located on the district website.

In addition, due to ISASP testing, we are going to give students a little more time to sleep in and be more rested for the week. We will not hold ANY activities in the mornings from 4.18-4.22. Early morning activities may resume on Monday, April 25th.

We will still have EBPE since it is a class. Please try to eat breakfast and get a good night's sleep on test days and give your best effort!

The City of Roland is researching the need for childcare in Roland. As a part of this effort a survey was created to gauge the need and interest. For accuracy, please only complete one survey per household and only complete the survey if you are looking for a childcare facility that could potentially be utilized by you. The survey will remain open until noon on Wednesday, March 30, 2022. The link to the survey can be found below.

<https://www.surveymonkey.com/r/Areachildcaresurvey>



[COUNSELOR FOLDER \(9-12\)-Click here](#)



[COUNSELOR CAREER SEMINARS](#)

Students, come and hear about these career opportunities. To attend, please sign up in the counselor's office *at least one day* prior to the presentation day.

April 6: John Deere/VanWall Tech program (See the flyer) [Click here to watch a video](#)

April 23: Fire Science Job Opportunities [Click here to watch a video](#)

College Visit - Seminar - Counselor's Office

(let Mrs. Cory know if you are attending)



Iowa State University- Tuesday, 3/29

Central College- Thursday, 3/31

#GETAJOB Youth Summer Job Fair in Ames. See [flyer](#) for more information.

RS students, take time for your mental health by registering for this "Teens Training Teens-Psychological First Aid (PFA)" This 3-hour online course will teach students how to manage their distress and cope with post-disaster stress and adversity. ([See attached flyer.](#))

Local Scholarships Due This Friday, April 1st!

- *[GNB Bank Leadership Scholarship](#) 🖱️ Fill and submit \$500 Due 4/1
- *[The "Resilient Student" RSHS Faculty/Staff Award](#) 🖱️ Make a copy, fill, print and turn into Mrs. Heisterkamp \$ 715 Due 4/1 @4:00pm
- *[The Roland Post 307/Jim and Marylin Hanson Scholarship](#) 🖱️ Make a copy, fill, email LegionPost307@gmail.com \$1,500 Due 4/1 @4:00pm
- *[Story City Lions Club Scholarship](#) 🖱️ Make a copy, fill, print and turn into Counselor's office \$500 Due 4/1 @12:00pm
- *[Story City/Lafayette Twp. Firefighters Scholarship](#) 🖱️ Make a copy, fill, print, sign and turn into Counselor's office \$500 Due 4/1 @ 4:00pm
- *[William Applegate Volunteerism Scholarship](#) 🖱️ Make a copy, fill, print, sign and turn into Counselor's office \$1,000 Due 4/1@12:00pm
- *[Reuben Sansgaard Scholarship Program by Sansgaard Group](#) 🖱️ Make a copy, fill, print, sign and turn into Counselor's office \$1,000 Due 4/1 @12:00pm
- *[Thrills Scholarship](#) 🖱️ Make a copy, fill, print and turn into Counselor's office \$1,000 Due 4/1 @12:00pm
- *[Dale W. Henricks by Story City EDC](#) 🖱️ Make a copy, fill, print and turn into Counselor's office \$1,000 Due 4/1 @12:00pm
- *[Roland-Story School Foundation Scholarship](#) 🖱️ Make a copy, fill, share the final copy with Mrs. Cory, print and turn into Counselor's office \$Varies Due 4/1 @12:00pm



Local Scholarship

[Friends 'N Service Scholarship](#)- \$400 due 4/22 @12:00pm

ATHLETIC ACTIVITIES FOR THE WEEK

Friday 4/1

Varsity Boys & Girls Track Quad @ Roland Story High School 4:30pm

Dates to Remember

4/13- 1:15 Dismissal

4/15- 1:15 Dismissal

4/18-4/22- ISASP Testing