

ROLAND-STORY NORSEMEN MORNING BULLETIN

Wednesday, April 6, 2022 #141 "A"

This Week's Menu

Wednesday Breakfast: Soft Cinnamon Toast Crunch Bar, Apple/Banana/Orange, Milk

Wednesday Lunch: Beef Burger, Fries, Mandarin Oranges, Milk

Thursday Breakfast: Sausage Pancake Stick, Apple/Banana/Orange, Milk

Thursday Lunch: Chili, Cinnamon Roll, Corn, Peaches, Milk

Friday Breakfast: Cereal, Granola Bar, Apple/Banana/Orange, Milk

Friday Lunch: Cheese Pizza, Romaine Salad, Pears, Milk

FROM THE OFFICE

Birthdays this Week 🎉

Tuesday 4/5- Amanda Hansen

Wednesday 4/6- Ali Charlson, Boaz Clark, Bradey Haberl, Rylee Wolff

Friday 4/8- Drew Stalzer, Tucker Whitaker

Seniors: Now is the time to start turning in your graduation fee. Please drop off your payment to the office before your last day of classes.

Volunteer Hours Opportunity: Roland Youth Softball is looking for volunteers to work their concession stands during games. This is a great opportunity to get silver cord hours. [Click here](#) to view the schedule and sign up!

Juniors/Seniors: \$40 off tux rental coupons are available in the office from Milroy's.

Juniors/Seniors: Please complete the Google Form you received from Mrs. Schmitz about prom/after prom by 4/13.

ISASP testing is right around the corner. High school and elementary will be testing the week of April 18th. Middle school will be testing the week of April 25th. Information about test security and procedures can be found in the [District Assessment Policy and Procedures Handbook](#) located on the district website.

In addition, due to ISASP testing, we are going to give students a little more time to sleep in and be more rested for the week. We will not hold ANY activities in the mornings from 4.18-4.22. Early morning activities may resume on Monday, April 25th.

We will still have EBPE since it is a class. Please try to eat breakfast and get a good night's sleep on test days and give your best effort!



[COUNSELOR FOLDER \(9-12\)-Click here](#)



[COUNSELOR CAREER SEMINARS](#)

Students, come and hear about these career opportunities. To attend, please sign up in the counselor's office *at least one day* prior to the presentation day.

Wednesday, April 6: John Deere/VanWall Tech program (See the flyer) [Click here to watch a video](#)

Thursday, April 7-Iowa Law Enforcement Academy <https://ilea.iowa.gov/>

Tuesday, April 26: Fire Science Programs [Click here to watch a video](#)

#GETAJOB Youth Summer Job Fair in Ames. See [flyer](#) for more information.

RS students, take time for your mental health by registering for this "Teens Training Teens-Psychological First Aid (PFA)" This 3-hour online course will teach students how to manage their distress and cope with post-disaster stress and adversity. ([See attached flyer.](#))

Scholarship 💰

StudentScholarships.org [Scholarship Newsletter](#)

*Shawn Carter Scholarship- \$2,500 due 4/30

*AMVETS National Scholarship- \$4,000 due 4/30

*Be Bold Scholarship- \$25,050 due 5/1

- *PHCC Educational Foundation Scholarships- \$2,500 due 5/1
- *ACF Visionary Scholarship Program- \$5,000 due 5/1
- *Code Wizards HQ Educational Scholarship- \$2,500 due 5/1
- *There's Space for Everyone Scholarship- \$3,000 due 5/2
- *Thermo Fisher Scientific Antibody Scholarship- \$10,000 due 5/4
- *Eleven Scholarship- \$5,000 due 5/5
- *Review It Scholarship- \$1,000 due 5/15
- *Trotter Project Scholarships- \$10,000 due 5/15
- *Exceptional Nurse Scholarships- \$500 due 6/1
- *Automotive Women's Association Scholarships- \$2,500 due 6/10
- *Burruss Injur Law "Underdog Scholarship"- \$5,000 due 6/15
- *Geoscience IDEA Scholarship- \$5,000 due 6/30

ATHLETIC ACTIVITIES FOR THE WEEK

Thursday 4/7

JV/Varsity Boys Golf @ Goldfield-Oakridge Golf Course 4:00pm

JV/Varsity Girls & Boys Track @ Nevada High School 4:30pm

Friday 4/8

JV/Varsity Girls Golf @ Roland Story High School 4:00pm

JV/Varsity Boys Track @ Baxter 4:30pm

Dates to Remember

4/13- 1:15 Dismissal

4/15- 1:15 Dismissal

4/18-4/22- ISASP Testing