

ROLAND-STORY NORSEMEN MORNING BULLETIN

Tuesday, April 12, 2022 #145 "E"

This Week's Menu

Tuesday Breakfast: Sausage, Egg, Potato and Cheese Bites, Apple/Banana/Orange, Milk

Tuesday Lunch: Nacho Bites, Mixed Vegetables, Mandarin Oranges, Milk

Wednesday Breakfast: Cheese Omelet, Graham Crackers, Apple/Banana/Orange, Milk

Wednesday Lunch: Meatballs, Mashed Potatoes w. Gravy, Mixed Fruit, Dinner Roll, Milk

Thursday Breakfast: Sausage Pancake Stick, Apple/Banana/Orange, Milk

Thursday Lunch: Chicken Alfredo, Bowtie Pasta, Breadstick, Broccoli, Pears, Milk

Friday Breakfast: Cereal, Granola Bar, Apple/Banana/Orange, Milk

Friday Lunch: Fish Sandwich, Peas, Blueberries, Milk

FROM THE OFFICE

Birthdays this Week 🎉

Monday 4/11- Dravyn Spencer-Froehlich

Tuesday 4/12- Adalyn Sporleder

Wednesday 4/13- Wesley Hansen, Mr. Ammerman

Sunday 4/17- Eva Corcoran

Seniors: Now is the time to start turning in your graduation fee. Please drop off your payment to the office before your last day of classes.



JAB will be serving **popcorn** **Wednesday, April 13** during the following study hall periods: 2, 3, 4, 6, 7, 8 Popcorn is not to leave the commons area! Please and thank you.

ISASP: 9-11th GRADE STUDENTS WILL NEED **CHARGED CHROMEBOOKS** FOR THIS TEST! If you are a student who uses a different computer for school (Graphic design students or personal computers), you must bring in your school issued Chromebook for this week of testing. Click here to view the schedule!

Volunteer Hours Opportunity: Roland Youth Softball is looking for volunteers to work their concession stands during games. This is a great opportunity to get silver cord hours. [Click here](#) to view the schedule and sign up!

Juniors/Seniors: \$40 off tux rental coupons are available in the office from Milroy's.

Juniors/Seniors: Please complete the Google Form you received from Mrs. Schmitz about prom/after prom by 4/13.

ISASP testing is right around the corner. High school and elementary will be testing the week of April 18th. Middle school will be testing the week of April 25th. Information about test security and procedures can be found in the [District Assessment Policy and Procedures Handbook](#) located on the district website.

In addition, due to ISASP testing, we are going to give students a little more time to sleep in and be more rested for the week. We will not hold ANY activities in the mornings from 4.18-4.22. Early morning activities may resume on Monday, April 25th.

We will still have EBPE since it is a class. Please try to eat breakfast and get a good night's sleep on test days and give your best effort!



[COUNSELOR FOLDER \(9-12\)-Click here](#)



[Future Seminar Career Presentations](#)

Thursday, April 14 **Transportation-Getting your CDL** [Click here for more information](#)

Tuesday, April 26 ***Fire Science** [Click here for information](#)

Thursday, April 28 ***Story City Manufacturing and Tours**

(All juniors. This is a day event)

Tuesday, May 3 Presenter: *Architecture/Construction Eric Vermeer. He has over 15 years of experience working in architecture and engineering. Eric is the go-to person at 10 Fold for master planning, construction cost estimating, structural engineering, structural and architectural forensics, project management, and architectural design.

Wednesday, May 4 ***Video Production** [Click here for more information](#)

Tuesday, May 10 *Medical Fields -Mary Greeley Presenters

*Students, via My Academic Plan Career Clusters you will be requested to come to these presentations. If ANYONE wants to attend these sessions please sign up in the Counselor's office at least one day prior to the presentation!

Summer Job Fair and more for ages 14-24!

When: Saturday, April 23, 11-3:00pm; Ames Mall

[Click here for more details!](#)

RS students, take time for your mental health by registering for this "Teens Training Teens-Psychological First Aid (PFA)" This 3-hour online course will teach students how to manage their distress and cope with post-disaster stress and adversity. ([See attached flyer.](#))



Local Scholarship

[Jim & Marilyn Hanson \(RS Foundation\) Scholarship](#)- \$1,000/4yr due 4/22 @12:00pm- pursuing a major in forestry, math related field, and/or education.

ATHLETIC ACTIVITIES FOR THE WEEK

Tuesday 4/12

Varsity Girls and Boys Golf @ Oakwood Golf Course, Conrad 4:00pm

Thursday 4/14

Varsity Girls Golf vs South Hamilton/West Marshall @ Jewell Golf & Country Club 4:00pm

Varsity Boys Golf vs Saydel @ Riverbend Golf Course 4:00pm

Varsity Boys Track Meet @ Saydel High School 4:30pm

Varsity Girls Track Meet @ East Marshall High School 4:30pm

Dates to Remember

4/13- 1:15 Dismissal

4/15- 1:15 Dismissal

4/18-4/22- ISASP Testing