

ROLAND-STORY NORSEMEN MORNING BULLETIN

Monday, April 25, 2022 #155 "B"

This Week's Menu

Monday Breakfast: Ham Breakfast Bar, Graham Crackers, Apple/Banana/Orange, Milk

Monday Lunch: Pepperoni Hot Pocket, Country Trio Vegetables, Mixed Fruit, Milk

Tuesday Breakfast: Cinnamon Soft Pretzel w. Cream Cheese, Apple/Banana/Orange, Milk

Tuesday Lunch: Beef & Cheese Taco Stick, Corn, Pears, Milk

Wednesday Breakfast: Bacon, Egg & Cheese Boat, Apple/Banana/Orange, Milk

Wednesday Lunch: Spaghetti w. Meat Sauce, Breadstick, Green Beans, Applesauce, Milk

Thursday Breakfast: Sausage Pancake Stick, Apple/Banana/Orange, Milk

Thursday Lunch: Turkey Italian Combo Sub, Goldfish Pretzels, Baby Carrots, Apple Slices, Milk

Friday Breakfast: Cereal, Granola Bar, Apple/Banana/Orange, Milk

Friday Lunch: Corn Dog, Peas, Mandarin Oranges, Milk

FROM THE OFFICE

Birthdays this Week 🎉

Monday 4/25- Donavan Hanson, Cooper Loof

Friday 4/29- Will Bunn

Sunday 5/1- Aurora Cruz, Carter Loof

Congrats to the following seniors for having their artwork showcased at the Octagon Center for the Arts: Annual Student Show. Annie Selby, Macy Friest, Victoria Olson, Mychal Spencer, Adrienne Hanson, Emory Stanley, Cade Diehl, Will Bunn, and Lizzie Danielson

Exhibit opens Saturday, April 30th in the Octagon's Community Gallery (427 Douglas Ave, Ames).

Tentative reception will be Thursday, May 5th from 6-730PM with juror announcements (masks required). The show will be viewable during business hours until Saturday, May 14th.

GRAPHIC DESIGN CONTEST - The Iowa High School Esports Association is holding a logo contest to update the IAHSSEA logo. Submissions are being accepted until May 16. Read about the rules and how to submit here: bit.ly/IAHSSEAlogo. This contest is open to all students, staff, and faculty at Roland-Story. If you have questions, see Mr. Klett.

Volunteer Hours Opportunities: The Roland Park Board is having a spring clean-up day at Erickson Park at 10 am, Saturday, May 7, to help for silver chord or Key Club hours. There will be a brat/hamburger feed going on at the same time so you can get a nice meal as well!

There is also a spring clean-up day at the Mackey area on Sunday, May 1st, starting at 1pm. Bring any gloves, rakes, shop vacs, containers for trash, and other tools to help us tidy up and finish a few projects in the area.

2022 Baseball 9-12 Parent Meeting - Date for the 2022 baseball parent meeting will be Friday, 4/29 @ 5:30pm. Meeting will take place at the HS baseball field, if there is poor weather the meeting will take place in the south gym. For those unable to attend the meeting the 2022 team handbook can be found on the announcements page of the baseball website.

<https://sites.google.com/a/roland-story.k12.ia.us/mr-hill-s-homepage/roland-story-baseball>

Seniors: Friday May 20th- Mandatory to walk in graduation ceremony

- Bowling at 9am/ Hot Dogs and Chips at 10:30/ Leave by 11:25
 - Graduation Practice 11:30-12:45
- Walk through the elementary school at 1:30

GAMES AND ANIMATION ONLINE CONFERENCE - The University of Iowa is hosting a free online games and animation conference this Saturday featuring speakers from Blizzard, Epic, Pixar, and more. Learn more by checking out this link: art.uiowa.edu/resources/events/epx-con-2022-hybrid

There will be two final ice cream fundraisers for MAST this year--Tuesday, April 26th and Monday, May 9th. We are looking for volunteers to provide cookies for each concert, as well as people to help serve ice cream that evening. If you would be interesting in helping us out on Tuesday, April 26th please fill out the following forms:

[Cookie Drop Sign Up](#)

[Ice Cream Fundraiser Help](#)

If you are able to help provide cookies for the 26th, you can send them with your student to school on the 25th or the 26th. We will send out separate forms in a few weeks for the fundraiser on May 9th.

Seniors: Now is the time to start turning in your graduation fee. Please drop off your payment to the office before your last day of classes.

Juniors/Seniors: \$40 off tux rental coupons are available in the office from Milroy's.



[COUNSELOR FOLDER \(9-12\)-Click here](#)



[Future Seminar Career Presentations](#)

Tuesday, April 26 *Fire Science [Click here for information](#)

Thursday, April 28 *Story City Manufacturing and Tours

(All juniors. This is a day event)

Tuesday, May 3 Presenter: *Architecture/Construction Eric Vermeer. He has over 15 years of experience working in architecture and engineering. Eric is the go-to person at 10 Fold for master planning, construction cost estimating, structural engineering, structural and architectural forensics, project management, and architectural design.

Wednesday, May 4 *Video Production [Click here for more information](#)

Tuesday, May 10 *Medical Fields -Mary Greeley Presenters

*Students, via My Academic Plan Career Clusters you will be requested to come to these presentations. If ANYONE wants to attend these sessions please sign up in the Counselor's office at least one day prior to the presentation!

RS students, take time for your mental health by registering for this "Teens Training Teens-Psychological First Aid (PFA)" This 3-hour online course will teach students how to manage their distress and cope with post-disaster stress and adversity. ([See attached flyer.](#))



Local Scholarship

[Jim & Marilyn Hanson \(RS Foundation\) Scholarship](#)- \$1,000/4yr due **4/22 @12:00pm**- pursuing a major in forestry, math related field, and/or education.

RS Silver Cord Scholarship 🖱️ Make a copy, fill, print and turn into Counselor's office \$500 due 5/4 @12:00pm

RSEA (Roland-Story Education Association) Scholarship 🖱️ Make a copy, fill, print and turn into Counselor's office \$300 due 4/28 @12:00pm

ATHLETIC ACTIVITIES FOR THE WEEK

Monday 4/25

Varsity Boys Golf Meet vs Odgen @ Riverbend Golf Course 4:00pm

Varsity Girls Golf Meet vs Ballard/Carlisle/Winterset @ Ballard Golf & Country Club 4:00pm

Varsity Girls Track Meet @ Saydel High School 4:30pm

Tuesday 4/26

Varsity Boys Golf @ North Polk 4:00pm

Varsity Girls Golf vs Clarion-Goldfield-Dows @ Riverbend Golf Course 4:00pm

Varsity Boys Track Meet @ North Polk 4:30pm

Varsity Girls Track Invitational @ South Hamilton 4:30pm

Thursday 4/28

Varsity Boys Golf Quadrangular @ Woodland Hills Golf Course 4:00pm

Varsity Boys Track Meet @ Roland Story High School 4:30pm

Friday 4/29

Varsity Girls Golf Tournament vs. Bondurant-Farrar/Gilbert/Greene County/North Polk @ Riverbend Golf Course 2:00pm

JV Boys Golf Meet @ Jewell Golf and Country Club 4:00pm

Dates to Remember

4/27- 1:15 Dismissal

4/30- Junior/Senior Prom 7:00pm

5/3- 9-12th Grade Band & Choir Concert 7:00pm

5/3- 9-12th Grade Art Show
5/11- 1:15 Dismissal
5/18- Senior Awards Night 7:00pm
5/22- Graduation 2:00pm