

# ROLAND-STORY NORSEMEN MORNING BULLETIN

**Monday, May 9, 2022 #16 "F"**

## **This Week's Menu**

**Monday Breakfast:** Ham Breakfast Bar, Graham Crackers, Apple/Banana/Orange, Milk

**Monday Lunch:** Popcorn Chicken, Mixed Vegetables, Pineapple, Milk

**Tuesday Breakfast:** Sausage, Egg & Cheese Biscuit, Apple/Banana/Orange, Milk

**Tuesday Lunch:** Taquitos, Chips w. Cheese, Black Beans, Mixed Fruit, Milk

**Wednesday Breakfast:** Mini Maple Waffles, Apple/Banana/Orange, Milk

**Wednesday Lunch:** Grape Uncrustable, Cheese Stick, Doritos, Baby Carrots w. Ranch, Apple Slices, Juice Box

**Thursday Breakfast:** Sausage Pancake Stick, Apple/Banana/Orange, Milk

**Thursday Lunch:** Orange Chicken, Fried Rice, Steamed Broccoli, Mandarin Oranges, Milk

**Friday Breakfast:** Cereal, Granola Bar, Apple/Banana/Orange, Milk

**Friday Lunch:** Cheese Burger, Fries, Applesauce, Milk

## **FROM THE OFFICE**

### **Birthdays this Week** 🎉

**Wednesday 5/11-** Beckett Haglund

**Sunday 5/15-** Emilia Broich

**Senior Class Photo will be Wednesday May 11th** at 11:00am. We will meet in front of the office and walk down to the park.

**Greetings!** GSA meeting to end the year, Friday May 13th, at 4:00

**Are you interested in being a cheerleader next year? Please fill out this form:**

<https://forms.gle/D1wnpeSUtowaS8Dh7>

If you have any questions, please email Coach Clapper at [gclapper@roland-story.k12.ia.us](mailto:gclapper@roland-story.k12.ia.us) and Coach Houck at [khouck@roland-story.k12.ia.us](mailto:khouck@roland-story.k12.ia.us).

**Student Council Sign Up:** Any eligible students interested in running for RSHS Student Council 2022-2023 need to sign up in the office and complete an application paragraph. Student council meets Wednesday mornings throughout the year at 7:45 am and additionally as needed. This is a committed group of students that organizes many activities throughout the year including Freshman Orientation, Homecoming activities and dance, and Sweet Week. Interested students, please stop by the office to

pick up an application paper, **due Friday, May 13<sup>th</sup>, by 4:00 PM.** Applications will be posted in the cafeteria for students to read from May 16-20<sup>th</sup>. Voting will take place on Monday, May 23<sup>rd</sup>, 2022, during Seminar.

**9-12 GEEKs, Theater Types, and Mock Lawyers:** Come to Ferrell's room to fill out a Letter Sheet. Each participant must have accrued at least 130 points to receive a letter.

**GEEKS-** our annual awards breakfast will be on Friday, May 13th at 7:15. It will be a potluck, so bring something to share. Plates, silverware, cups, and milk/juice will be provided. We will be announcing our Outstanding Senior!

**VOLLEYBALL MEETING-** There will be a high school volleyball meeting Monday morning (May 9th) at 7:45am in the old gym (current 9-11th graders). If you cannot make it, please contact Coach Geise PRIOR to the meeting. Excited to see you all!!

(A meeting for current 8th graders will be at the middle school the next day.)

**Seniors: Friday May 20th- Mandatory to walk in graduation ceremony**

- Bowling at 9am/ Hot Dogs and Chips at 10:30/ Leave by 11:25
  - Graduation Practice 11:30-12:45
- Walk through the elementary school at 1:30



[COUNSELOR FOLDER \(9-12\)-Click here](#)

**Online DMACC classes for Fall 2022**

An important message to remember about DMACC online is that you, the student, must register for the class. Once you register online then the counseling department receives a notice to approve it.



### **Future Seminar Career Presentations**

**Tuesday, May 10 \*Medical Fields -Mary Greeley Presenters**

\*Students, via My Academic Plan Career Clusters you will be requested to come to these presentations. If ANYONE wants to attend these sessions please sign up in the Counselor's office at least one day prior to the presentation!

*RS students, take time for your mental health* by registering for this "Teens Training Teens-Psychological First Aid (PFA)" This 3-hour online course will teach students how to manage their distress and cope with post-disaster stress and adversity. ([See attached flyer.](#))

### **Scholarship 💰**

#### [StudentScholarships.org](http://StudentScholarships.org) Newsletter

- 1) Jameela Jamil x I Weigh Scholarship- \$5,000 due 5/18
- 2) Full Circle Scholarship- \$15,000 due 5/31
- 3) Know Your Worth Scholarship- \$10,000 due 6/1
- 4) Girls Impact the World Scholarship Awards- \$5,000 due 6/1
- 5) Community Leadership Scholarship- \$1,000 due 6/15
- 6) Navigate Your Future Scholarship- \$2,500 due 6/24
- 7) CIA Undergraduate Scholarship Program- \$25,000 due 6/27
- 8) Women in Trades Scholarship- \$3,000 due 6/30
- 9) Sterling Law Offices Annual College Scholarship- \$1,000 due 6/30
- 10) Future of Sports Scholarship Program- \$1,000 due 6/30
- 11) Keches Law Group Scholarship- \$1,500 due 6/30
- 12) AGMA Foundation Scholarship Program- \$20,000 due 7/1
- 13) New Silver Fintech Scholarship- \$5,000 due 7/31

- 14) Strong Work Ethic Scholarship- \$1,000 due 7/31  
15) Arctic Physical Therapy Scholarship- \$500 due 8/31

**ATHLETIC ACTIVITIES FOR THE WEEK**

**Monday 5/9**

Varsity Girls Golf Meet vs. Nevada/Van Meter @ Riverbend Golf Course 4:00pm

**Tuesday 5/10**

Varsity Girls Golf Meet @ Ames Country Club 4:00pm

**Wednesday 5/11**

Varsity Boys Golf Sectional Meet @ Jewell Golf and Country Club 10:00am

**Thursday 5/12**

Varsity Girls and Boys Track State Qualifying Meet @ PCM High School 4:00pm

**Friday 5/13**

Varsity Girls Golf Regional Meet @ Jefferson Golf Course

**Dates to Remember**

- 5/11- 1:15 Dismissal  
5/18- Senior Awards Night 7:00pm  
5/22- Graduation 2:00pm