

ROLAND-STORY NORSEMEN MORNING BULLETIN

Monday, May 23, 2022 #175 "D"

This Week's Menu

Monday Breakfast: Ham Breakfast Bar, Graham Crackers, Apple/Banana/Orange, Milk

Monday Lunch: Corn Dog, Greenbeans, Pears, Milk

Tuesday Breakfast: Soft Cinnamon Toast Crunch Bar, Apple/Banana/Orange, Milk

Tuesday Lunch: Chicken Tacos, Corn, Peaches, Milk

Wednesday Breakfast: Bacon, Egg and Cheese Biscuit, Apple/Banana/Orange, Milk

Wednesday Lunch: Hot Ham & Cheese Sandwich, Peas, Mandarin Oranges, Milk

Thursday Breakfast: Cereal, Granola Bar, Apple/Banana/Orange, Milk

Thursday Lunch: Uncrustable, Cheese Stick, Chips, Baby Carrots, Apple Slices, Juice Boxes

Friday Breakfast: Cereal, Granola Bar, Apple/Banana/Orange, Milk

Friday Lunch: Turkey & Cheese Sub, Chips, Baby Carrots, Applesauce Cup, Juice Box

FROM THE OFFICE

Birthdays this Week 🎉

Tuesday 5/24- Emma McGuigan, Parker Curtis

Wednesday 5/25- Gabe Sevde

Thursday 5/26- Drew Goeders

Saturday 5/28- Sam Knoll

Sunday 5/29- Tristan Conley-McCarthy

22-23 Esports - Esports at RSHS is off to a great start because of you! Current players and anyone interested in joining next year, please complete a brief interest survey:

bit.ly/22-23esports

Semester Test will be Thursday 5/26 and Friday 5/27. Students will complete their checkout on 5/31.

[Click Here](#) to see the schedule for those 3 days.



[COUNSELOR FOLDER \(9-12\)-Click here](#)

Online DMACC classes for Fall 2022

An important message to remember about DMACC online is that you, the student, must register for the class. Once you register online then the counseling department receives a notice to approve it.

ATHLETIC ACTIVITIES FOR THE WEEK

Monday 5/23

JV Baseball Game @ Van Meter High School 5:00pm
Varsity Baseball Game @ Van Meter High School 7:00pm
JV Softball Game @ Collins-Maxwell Softball Field 5:30pm
Varsity Softball Game @ Collins-Maxwell Softball Field 7:30pm

Tuesday 5/24

JV Baseball Game @ SE-Valley 5:15pm
Varsity Baseball Game @ SE- Valley 7:30pm

Wednesday 5/25

JV Softball Game @ Greene County 5:30pm
Varsity Softball 2 Greene County 7:30pm

Thursday 5/26

Girls Golf State @ Pheasant Ridge Cedar Falls 9:00am
JV2 Baseball Double Header vs Ballard 4:00pm
JV Baseball Double Header vs Johnston 5:15pm
JV Softball Game vs Ames 5:30pm
Varsity Softball Game vs Ames 7:30pm

Friday 5/27

Girls Golf State @ Pheasant Ridge Cedar Falls 8:30am

JV Softball Game vs Nevada 5:30pm

Varsity Softball Game vs Nevada 7:30pm

Varsity Baseball Double Header vs Nevada 5:15pm

Dates to Remember

5/26- Semester Test

5/27- Semester Test

5/31- Last Day of School and Checkout Day