

**ROLAND-STORY MIDDLE SCHOOL  
MONDAY, September 17, 2018 #015**

***TODAY'S LUNCH***

Corndog, French fries, green beans, fruit cocktail

***9-18-18 BREAKFAST***

Bfst bar, apple slices, granola bar, juice, milk

***9-18-18 LUNCH***

Crispitos, nacho chips, cheese/chili, pineapple

**Mock Trial** will be meeting on Monday and Tuesday mornings starting at 7:00.

**Roland-Story Middle School will celebrate homecoming week by showing off our fun and creative school spirit! As we celebrate the excitement leading up to Homecoming Day and the big game, we get to have some cool dress up days here at the middle school! Here's the quick rundown of what to look forward to each day:**

**Monday: Favorite t-shirt Day!**

**Tuesday: Hat Day!**

**Wednesday: Crazy Sock Day!**

**Thursday: Jersey/Team Shirt Day!**

**Friday: Norsemen Spirit Day! (Red & Black)**

We encourage all students and staff to participate!

**GO NORSEMEN!!!**

**Attention 7th and 8th Graders:** It is not too late. You can still sign up for the Washington D.C. trip that will happen March 16-March 19, 2019 (over spring break). There will be an informational meeting for students and parents interested in the trip on **Tuesday, September 18, 2018 at 5:30 pm in Mrs. Broich's classroom**. This meeting is only for students and parents who have NOT already signed up for the trip. Contact Mrs. Broich with questions.

**7th and 8th Grade Roland Rural Bus Room** please report to **Mrs. Petersen's** classroom at 3:30. Bus room will move to Mrs. Brouwer's room on Monday, September 24<sup>th</sup>.

**Students:** The HS students will be to RSMS on Friday, September 21<sup>st</sup> for face painting during your lunchtime. We will be having a tailgate lunch on this day to help celebrate the upcoming Homecoming win over West Marshall! Go Norse!

**Punt, Pass, Kick Competition:** We are holding our 15th annual Punt, Pass and Kick competition on Sept. 22nd at the HS football field. Attached is the signup sheet, it is free for kids 5-12 years old. Forms can be found in the office.

**5th Grade Hearing Screening- Tuesday, September 18th:** Heartland AEA will conduct its annual Hearing Conservation program during the upcoming school year. Students in kindergarten, 1st, 2nd, 3rd, 4th and 5th grades will receive a hearing screening.

Students who do NOT pass this screening will receive a repeat screening and may receive individual hearing tests by a Heartland AEA audiologist and consultation with school personnel. You will be notified about the results of the hearing test if your child does NOT pass the test. This is a screening process only and does not identify all hearing or ear problems. If your child has had hearing or ear problems recently, feel free to send this information to the school nurse for the audiologist.

If you do not want your child to participate in the screening program and follow-up assessments by an audiologist, **please notify the school**. If there are any questions about the hearing testing program in your school, please contact your school nurse or principal.

**NBA Registration is Now Open - Deadline to register is October 5th!**

NBA is our youth basketball program for athletes enrolled at Roland-Story in 3rd - 8th grade. The mission of the program is to teach athletes the skills and mentality necessary in order to succeed on and off the basketball court. In other words, the focus is to teach our athletes the "NORSEMEN WAY"! To register for the 2018-2019 season, please go to <https://go.teamsnap.com/forms/146976>.

Middle School: **Registration deadline is October 5th**. If you need more information about registration or about NBA please stop by the office and pick up a flyer.

**Activity Passes:** If you would like to purchase an activity pass, please bring \$50.00 to the office. (Checks can be made out to Roland-Story School). The secretaries will punch your student ID card and that will serve as your pass to enter Norsemen activities.

**It's never too early to start saving!** [Click here to find out how to save for your child's college expenses.](#) (Heisterkamp-HS Counselor)

**Iowa Student Loan Programs:**

**1-Parents and Guardians of students 6-12: Sept. 4-Oct. 21**

Awards: 50 \$1,000 deposits into College Savings Accounts

Requirements: Visit the Parent Handbook guide for important college financing information and enter contact information to register for a random drawing.

Start at: [www.IowaStudentLoan.org/SaveNow](http://www.IowaStudentLoan.org/SaveNow)

**Quote of the week:**

“Obstacles don’t have to stop you. If you run into a wall, don’t turn around and give up. Figure out how to climb it, go through it, or work around it.”

- Michael Jordan

**FRIDAY NIGHT FOOTBALL EXPECTATIONS**

**Caring (for those around me), Responsible (for my actions), and Respectful (myself and others)**

School spirit is important at the Roland-Story High School Athletic events. During home varsity football games in which the crowds are larger, issues may arise due to the large number of adults, elementary, middle school, and high school students. Our goal is to positively cheer our team on to a victory and to enjoy our time with family and friends.

In order for this to occur and to help avoid any potential conflicts during the home Friday night football games, the following are guidelines that are expected to be followed:

1. No footballs or skateboards, etc. should be brought to the game.
2. Students are not allowed to stand, play games, or run around directly behind the home bleachers before, during, or after the game.
3. Students must remain in their seats until quarter breaks or halftime.
4. Students should either sit in the bleachers with their parents or at the very south end.
5. Students are expected to practice and follow our NORSE CODE.
6. Failure to follow these rules may result in a student being asked to sit with their parents or perhaps leave the game.
7. National Anthem-A reminder during this special presentation to BE QUIET, PLACE YOUR RIGHT HAND OVER YOUR HEART, STAND STILL AND FACE THE FLAG, AND SING IF YOU WOULD LIKE TO. This is a time for us to recognize all of those who have served our country and to be proud of the amazing country we are so fortunate to call home. It is OK to remind your classmates of these expectations during the National Anthem.

**R-S MS Practice/Bus Schedule**

**Monday 9/17**

7 <sup>th</sup> /8 <sup>th</sup> Football Practice	3:30
7 <sup>th</sup> /8 <sup>th</sup> Volleyball Practice	3:30
7 <sup>th</sup> /8 <sup>th</sup> Cross Country @ ISU (Ames)	4:30 Bus leaves at 3:15. Runners dismissed at 3:05.

Shuttle bus will pick up Volleyball in Roland at 5:15 and drop off in Story City. Shuttle will pick up Football in Roland at 5:30 and drop off in Story City.

**Tuesday 9/18**

7 <sup>th</sup> /8 <sup>th</sup> Football Practice	3:30
7 <sup>th</sup> Volleyball @ PCM (Prairie City)	4:30 Bus leaves at 2:45. Athletes dismissed at 2:35.
8 <sup>th</sup> Volleyball vs. PCM	4:30
7 <sup>th</sup> /8 <sup>th</sup> Cross Country Practice	3:30

Shuttle bus will pick up Cross Country in Roland at 5:15 and drop off in Story City. Shuttle will pick up Football in Roland at 5:30 and drop off in Story City.

**Wednesday 9/19**

7 <sup>th</sup> /8 <sup>th</sup> Football Practice	3:30
7 <sup>th</sup> /8 <sup>th</sup> Volleyball Practice	3:30
7 <sup>th</sup> /8 <sup>th</sup> Cross Country Practice in Story City	3:45 (Runners will ride the regular after school shuttle to get to Story City)

Shuttle bus will pick up Cross Country in Story City at 5:00 and drop off in Roland. Shuttle bus will pick up Volleyball in Roland at 5:15 and drop off in Story City. Shuttle will pick up Football in Roland at 5:30 and drop off in Story City.

**Thursday 9/20**

7 <sup>th</sup> /8 <sup>th</sup> Cross Country Meet @ Story City	4:30 (Runners will ride the regular after school shuttle to get to Story City)
7 <sup>th</sup> Football vs. PCM	4:30
8 <sup>th</sup> Football @ PCM (Prairie City)	4:30 Bus leaves at 2:45. Athletes dismissed at 2:35.
7 <sup>th</sup> Volleyball @ Greene County (Jefferson)	4:30 Bus leaves at 2:50. Athletes dismissed at 2:40.
8 <sup>th</sup> Volleyball vs. Greene County	4:30

**Friday 9/21**

7 <sup>th</sup> /8 <sup>th</sup> Football Practice	3:30
7 <sup>th</sup> /8 <sup>th</sup> Volleyball Practice	3:30
7 <sup>th</sup> /8 <sup>th</sup> Cross Country Practice	3:30

Shuttle bus will pick up Volleyball and Cross Country in Roland at 5:15 and drop off in Story City. Shuttle will pick up Football in Roland at 5:30 and drop off in Story City.