

**ROLAND-STORY MIDDLE SCHOOL
WEDNESDAY, September 26, 2018 #022**

TODAY'S LUNCH

Spaghetti, broc/Normandy, garlic bread, pineapple

9-27-18 BREAKFAST

Pancake sticks, orange slices, juice, milk

9-27-18 LUNCH

Chicken noodle/tomato soup, pineapple, applesauce

Students waiting for the bus at the HS-just a reminder to please keep your hands and feet to self and follow the Norse Code while waiting for the bus. Show your RSMS PRIDE by being kids of character and show them how we do things the right way, the NORSEMEN WAY! Mr. Schlatter will inform Mr. Town of any students not meeting our expectations.

Roland Rural Bus Room-Bus room is located in Mrs. Wilkinson's room today. Students will return to Mrs. Brouwer's room tomorrow.

6th Period General Music Students: Your class will be located in Mrs. Vinson's classroom today.

NBA Registration is Now Open - Deadline to register is October 5th!

NBA is our youth basketball program for athletes enrolled at Roland-Story in 3rd - 8th grade. The mission of the program is to teach athletes the skills and mentality necessary in order to succeed on and off the basketball court. In other words, the focus is to teach our athletes the "NORSEMEN WAY"! To register for the 2018-2019 season, please go to <https://go.teamsnap.com/forms/146976>.

Middle School: **Registration deadline is October 5th.** If you need more information about registration or about NBA please stop by the office and pick up a flyer.

Activity Passes: If you would like to purchase an activity pass, please bring \$50.00 to the office. (Checks can be made out to Roland-Story School). The secretaries will punch your student ID card and that will serve as your pass to enter Norsemen activities.

News from the Story City Library: Get tangled up in the relaxing art of Zentangles at the Bertha Bartlett Public Library, **TODAY at 2:00.** This program is for grades 5, 6, and 7.

News from the Roland Library: The Roland Public Library will have a very crafty early out program this week! **Join us TODAY at 1:30pm** for our Beads and Bands early out workshop. An assortment of beads, string, and looms and loom bands will be available for kids to use in their own creative way! Children in kindergarten and up are invited to attend.

It's never too early to start saving! [Click here to find out how to save for your child's college expenses.](#) (Heisterkamp-HS Counselor)

Iowa Student Loan Programs:

1-Parents and Guardians of students 6-12: Sept. 4-Oct. 21

Awards: 50 \$1,000 deposits into College Savings Accounts

Requirements: Visit the Parent Handbook guide for important college financing information and enter contact information to register for a random drawing.

Start at: www.IowaStudentLoan.org/SaveNow

Quote of the week:

"There are two ways of exerting one's strength: one is pushing down, the other is pulling up."

-Booker T Washington

R-S MS Practice/Bus Schedule

Wednesday 9/26

Early Out – No Practices

Thursday 9/27

7th/8th Cross Country Meet at Ames (ISU)
7th Football @ North Polk (Alleman)
8th Football vs. North Polk
7th Volleyball @ South Hamilton (Jewell)
8th Volleyball vs. South Hamilton

4:30 Bus leaves at 3:15. Athletes dismissed at 3:05.
4:15 Bus leaves at 3:00. Athletes dismissed at 2:50.
4:30
4:30 Bus leaves at 3:40.
4:30

Shuttle bus will pick up Cross Country in Roland at 5:15 and drop off in Story City.

Friday 9/28

7th /8th Football Practice 3:30
7th/8th Volleyball Practice 3:30
7th/8th Cross Country Practice 3:30

Shuttle bus will pick up Volleyball and Cross Country in Roland at 5:15 and drop off in Story City. Shuttle will pick up Football in Roland at 5:30 and drop off in Story City.