

**ROLAND-STORY MIDDLE SCHOOL  
FRIDAY, September 28, 2018 #024**

***TODAY'S LUNCH***

Ham and cheese, French fries, corn, pears

***10-1-18 BREAKFAST***

Bfst wrap, grapes, juice, milk

***10-1-18 LUNCH***

Turkey tenderloin, tater tots, green beans, peaches

**Students waiting for the bus at the HS-just a reminder to please keep your hands and feet to self and follow the Norse Code while waiting for the bus. Show your RSMS PRIDE by being kids of character and show them how we do things the right way, the NORSEMEN WAY! Mr. Schlatter will inform Mr. Town of any students not meeting our expectations.**

**RSMS School Picture Day is on Friday, October 5<sup>th</sup>.**

**Roland Rural Bus Room-Bus room is located in Mrs. Brouwer's Room until October 19<sup>th</sup>.**

**NBA Registration is Now Open - Deadline to register is October 5<sup>th</sup>!**

NBA is our youth basketball program for athletes enrolled at Roland-Story in 3<sup>rd</sup> - 8<sup>th</sup> grade. The mission of the program is to teach athletes the skills and mentality necessary in order to succeed on and off the basketball court. In other words, the focus is to teach our athletes the "NORSEMEN WAY"! To register for the 2018-2019 season, please go to <https://go.teamsnap.com/forms/146976>.

Middle School: **Registration deadline is October 5<sup>th</sup>.** If you need more information about registration or about NBA please stop by the office and pick up a flyer.

**Athletic Pictures**

Cross Country - Friday, Oct. 5<sup>th</sup> (right after school)

7<sup>th</sup>/8<sup>th</sup> VB - Friday, Oct. 5<sup>th</sup> (right after CC)

7<sup>th</sup>/8<sup>th</sup> Football - Monday, Oct. 15<sup>th</sup>(right after school)

**Activity Passes:** If you would like to purchase an activity pass, please bring \$50.00 to the office. (Checks can be made out to Roland-Story School). The secretaries will punch your student ID card and that will serve as your pass to enter Norsemen activities.

**It's never too early to start saving!** [Click here to find out how to save for your child's college expenses.](#) (Heisterkamp-HS Counselor)

**Iowa Student Loan Programs:**

**1-Parents and Guardians of students 6-12: Sept. 4-Oct. 21**

Awards: 50 \$1,000 deposits into College Savings Accounts

Requirements: Visit the Parent Handbook guide for important college financing information and enter contact information to register for a random drawing.

Start at: [www.IowaStudentLoan.org/SaveNow](http://www.IowaStudentLoan.org/SaveNow)

**Quote of the week:**

"There are two ways of exerting one's strength: one is pushing down, the other is pulling up."

-Booker T Washington

**R-S MS Practice/Bus Schedule**

**Friday 9/28**

7 <sup>th</sup> /8 <sup>th</sup> Football Practice	3:30
7 <sup>th</sup> /8 <sup>th</sup> Volleyball Practice	3:30
7 <sup>th</sup> /8 <sup>th</sup> Cross Country Practice	3:30

Shuttle bus will pick up Volleyball and Cross Country in Roland at 5:15 and drop off in Story City. Shuttle will pick up Football in Roland at 5:30 and drop off in Story City.