

**ROLAND-STORY MIDDLE SCHOOL
WEDNESDAY, September 5, 2018 #006**

TODAY'S LUNCH

Shrimp shapes, mac/cheese, peas and carrots, applesauce

9-6-18 BREAKFAST

Pancake sticks, orange slices, juice, milk

9-6-18 LUNCH

French Toast, sausage links, hash browns, orange slices

Builder's Club: RSMS students! Are you energetic, dedicated, and passionate about making a positive difference in the world? If you said yes to any of these, come check out Builders Club at their first meeting on Thursday, September 6 at 7:45 in the morning! We will meet in Mr. Oleson's classroom, as he is our school's Builders Club Advisor. We will also have nominations for officer positions shared at this meeting to allow for voting at a future meeting. Attending to learn about Builders Club does not mean that you have to join - it just means you will learn about inspiring service and leadership in our school and community while discovering the leader in **you!** See ya at 7:45 AM on Thursday, September 6!

Football & Cross Country Managers Needed: If you are interested in being a manager for football or cross country, please sign up in the office today.

Concession Stand Workers for Thursday's Volleyball Game: Rainy Weston and Hayden Walters

Concession Stand Workers Needed: 6th, 7th, and 8th graders interested in working at the volleyball or football concession stand, please stop by the office. Workers will receive one free drink and one free food each evening they work. Workers are asked to work from 4:10 until the end of the game.

****5th and 6th graders** - If you are interested in recording for Opus Honor Choir, rehearsals will begin on Friday, Sept. 7th @ 7:30 in the music room. Please enter through the playground/art room door. All rehearsal recordings and music is on Canvas for students to access and start practicing with. They will also be receiving music at the first rehearsal. If you have questions or concerns please contact Mrs. Friest - jfriest@roland-story.k12.ia.us

7th and 8th Grade Roland Rural Bus Room please report to Mr. STAKER's classroom at 3:30.

Mock Trial: 7th and 8th grade students who are interested in going out for mock trial please sign up in the office by September 7th.

Reminder to all students attending middle school and high school events: Please come to watch the event and **NOT** be running around. Remember to demonstrate the Norse Code positively cheering for both teams.

Activity Passes: If you would like to purchase an activity pass, please bring \$50.00 to the office. (Checks can be made out to Roland-Story School). The secretaries will punch your student ID card and that will serve as your pass to enter Norsemen activities.

Booster Club Apparel Order: We have new hats, cinch bags, and new shirt designs on the 2018 Booster Club order. Check them out! https://rsboosterclub18.itemorder.com/sale?read_message=true
Order deadline is this Wednesday 8/29. Orders will be delivered 3-4 weeks after the deadline. Homecoming shirts will for sure be in before the game.

PTO Meeting: The first PTO meeting is Thursday September 6th at 7:30 at the Middle School Library.

Quote of the week:

"When you express your gratitude, you will bring joy to others' lives. When others know joy, your life will be filled with happiness."
-Arthur Dobrin

FRIDAY NIGHT FOOTBALL EXPECTATIONS

Caring (for those around me), Responsible (for my actions), and Respectful (myself and others)

School spirit is important at the Roland-Story High School Athletic events. During home varsity football games in which the crowds are larger, issues may arise due to the large number of adults, elementary, middle school, and high school students. Our goal is to positively cheer our team on to a victory and to enjoy our time with family and friends.

In order for this to occur and to help avoid any potential conflicts during the home Friday night football games, the following are guidelines that are expected to be followed:

1. No footballs or skateboards, etc. should be brought to the game.

2. Students are not allowed to stand, play games, or run around directly behind the home bleachers before, during, or after the game.
3. Students must remain in their seats until quarter breaks or halftime.
4. Students should either sit in the bleachers with their parents or at the very south end.
5. Students are expected to practice and follow our NORSE CODE.
6. Failure to follow these rules may result in a student being asked to sit with their parents or perhaps leave the game.
7. National Anthem-A reminder during this special presentation to BE QUIET, PLACE YOUR RIGHT HAND OVER YOUR HEART, STAND STILL AND FACE THE FLAG, AND SING IF YOU WOULD LIKE TO. This is a time for us to recognize all of those who have served our country and to be proud of the amazing country we are so fortunate to call home. It is OK to remind your classmates of these expectations during the National Anthem.

R-S MS Practice/Bus Schedule

Wednesday 9/5

7 th /8 th Football Practice	3:30
7 th /8 th Volleyball Practice	3:30
7 th /8 th Cross Country Practice	3:30

Shuttle bus will pick up Volleyball and Cross Country in Roland at 5:15 and drop off in Story City. Shuttle will pick up Football in Roland at 5:30 and drop off in Story City.

Thursday 9/6

7 th /8 th Cross Country Practice	3:30	
7 th Football @ Greene County (Grand Junction)	4:30	Bus leaves at 2:45. Athletes dismissed at 2:35.
8 th Football vs. Greene County	4:30	Bus leaves at 3:35. Athletes dismissed at 3:25.
7 th Volleyball vs. Gilbert	4:30	
8 th Volleyball @ Gilbert	4:30	Bus leaves at 3:45.

Shuttle bus will pick up Cross Country in Roland at 5:15 and drop off in Story City.

Friday 9/7

7 th /8 th Football Practice	3:30
7 th /8 th Volleyball Practice	3:30
7 th /8 th Cross Country Practice	3:30

Shuttle bus will pick up Volleyball and Cross Country in Roland at 5:15 and drop off in Story City. Shuttle will pick up Football in Roland at 5:30 and drop off in Story City.